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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 17, 2017

MARCH SUNRISE/SUNSET: 17 7:36 • 7:38 18 7:35 • 7:38 19 7:34 • 7:39 20 7:33 • 7:39 21 7:31 • 7:40 22 7:30 • 7:40 23 7:29 • 7:41

Snowy Plovers Nesting Soon On Sanibel

by Jeff Lysiak

Snowy plover nesting season has returned.

During the spring and summer months, snowy plovers – along with other shore/sea birds – nest, rest and seek shelter on the beaches of Sanibel and Captiva. Often found along the wrack lines, these birds are highly camouflaged and are difficult to spot even for the experienced beachgoer.

Last week, SCCF biologist Audrey Albrecht – along with shorebird intern Alfredo Gonzalez – checked on one of the roped-off areas where snowy plovers have traditionally been found roosting within the Perry Tract, property managed by the JN “Ding” Darling National Wildlife Refuge.

On the morning of March 8, Albrecht and Gonzalez found two “snowys” active inside the protected zone along the shoreline at Gulfside City Park.

“Last year, we had three nesting pairs lay their eggs here,” said Albrecht. “We usually see nests during the month of



SCCF shorebird intern Alfredo Gonzalez with snowy plover program coordinator Audrey Albrecht

photos by Jeff Lysiak

March, but last year we didn't see any until April. We're hoping to see some nests before Easter this year because it's better when they're able to raise their chicks earlier.”

According to Albrecht, there are approximately 220 nesting pairs of snowy plovers (*Charadrius alexandrinus*



A snowy plover, identified by an orange and black band, was tagged in 2009

tenuirostris) in Southwest Florida, including an estimated 10 pairs nesting on the islands. These shorebirds live an average of 2 to 3 years, however, one of the plovers here on Sanibel lived to age 13.

Adult snowy plovers grow to approximately five and a half inches tall,

and weigh between 34 and 58 grams. They eat insects, small crustaceans, mollusks and marine worms. They can be identified by several distinguished markings: the upper body varies from grayish to light brown, with a white belly. Black bands are visible on the forehead,
continued on page 13

An Evening With George And Ira Gershwin

Opera Theater of Connecticut, long time participant of the Sanibel Music Festival, will showcase the music of George and Ira Gershwin at the Sanibel Congregational United Church of Christ on Tuesday, March 21 at 8 p.m.

An exciting young cast of singing actors including music director and accompanist Robert Ashens, Rachel Policar, Shannon Kressler Dooley, Kelly Atkins, Matt Morgan and John Dooley will perform favorite selections from the musicals and music of the Gershwins.

George Gershwin began composing in Tin Pan Alley at the age of 18. His older brother, Ira, later wrote lyrics under a pseudonym, not wanting to trade off George's success. The brothers collaborated for the first time in 1921 and, in 1924, they wrote their first Broadway hit *Lady Be Good*. Twelve Broadway hits followed until George's untimely death from a brain tumor in 1937. Ira later teamed up with such accomplished composers as Jerome



Opera Theater of Connecticut

Kern, Kurt Weill and Harold Arlen. His mastery of songwriting has often been overshadowed by the success he and George had together. The performance is sponsored by the LAT Foundation and Lee Ann Tauck.

Tickets may be purchased for \$45 each at www.sanibelmusicfestival.org or

photos courtesy Sanibel Music Festival

by calling 344-7025. Tickets may also be purchased by cash or check only at the Bank of the Islands, 1699 Periwinkle Way, and Sanibel Captiva Community Bank, 2477 Library Way.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.✪

Firefighters To Hold Open House

In appreciation of community support, members of the Sanibel Fire & Rescue District are planning an exciting lineup of activities for kids and adults during their open house celebration, scheduled for Saturday, March 25 at Station #171, located at 2351 Palm Ridge Road. The open house will be held from 10 a.m. to 2 p.m.

There will be food, drinks, children's games, station tours and equipment demonstrations as well as a special appearance from R2-D2 of *Star Wars* fame.

Other participating agencies include:
• Lee County EMS
• Lee County Sheriff's Office
• JN “Ding” Darling National Wildlife Refuge
• CROW
• Sanibel SERATS
• United States Coast Guard
• Lee Flight
Call 472-5525 for more information.✪

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From left, Noah's Ark volunteers Lynda Dunham, Bronwen Cunningham and Jim Storer managing child and baby care merchandise photo provided

Spring Bargains At Noah's Ark

Each weekday, long before the doors to Noah's Ark open at 9:30 a.m., a crowd gathers in the parking lot. Looking for bargains, the shoppers, arranged in an orderly line, often greet one another and Ark volunteers with hugs.

Noah's Ark, an operation of St. Michael & All Angels Episcopal Church, is popular with islanders, many of whom visit the shop nearly every day and know one another by name. One longtime customer, who has been shopping at the Ark for 12 years, is so fond of the popular thrift shop that she named her dog Noah.

Affectionately called "Arkettes" by Ark staff, frequent shoppers often arrive with snacks, birthday cakes and other baked goods. Acquainted with one another from time spent at the Ark, they come to socialize as well as shop, developing friendships that continue long after their regular shopping day.

Noah's Ark has been in operation for over 50 years. All of the shop's proceeds go directly to charity. Business hours until the beginning of May are 9:30 a.m. to 12:30 p.m. weekdays and the first Saturday of each month.

During spring break, many children and grandchildren of islanders visit Sanibel, prompting quests for baby and child care items. Such merchandise abounds at the Ark: strollers, car seats, cribs, bassinets, playpens, beach toys, and, clothing and stuffed animals.

Many of these items, purchased at bargain prices, are used by visiting families and, when no longer needed, are returned to the Ark as donations. The process was expressed best by Peg McGann, one of the Ark's volunteers: "Items in the Ark take a circular trip around Sanibel, never leaving - from donation to purchase and back to donated."

For more information on the Ark, contact Rector Ellen Sloan of St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way, by calling 472-2173 or visit www.saintmichaels-sanibel.org.

Paint A Portrait Of Your Pet

The Community House is holding a Paint Your Pet on Canvas class on Monday, March 27 from 6 to 9 p.m. The cost is \$60 for members and \$65 for guests. Participants supply a photograph of their pet for the instructor to lightly sketch on canvas. Then it's ready for you to paint.

No experience is necessary and all materials are included in the prepaid fee. To register, call 472-2155.

View previous students' works on instructor's website at www.facebook.com/wissotaart.

The Community House is located at 2173 Periwinkle Way.✧



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What's Happening At The House In 2017

Events

Sunday, March 19

3-5 pm Resident Chef Demo
 "Gourmet Prep for Home Cooks 1"
 Pork Belly & Duck Leg Confet \$45

Monday, March 20

7 pm Postcards & Pictures Documentary \$7

Sunday, March 26

3-5 pm Chef Demo
 "Gourmet Prep for Home Cooks 2"
 Duck Ham & Lobster Thermidor \$45

Wednesday, March 29

6-8 pm Pot Luck
 Ron Rich Small Tastes of Seafood

Classes & More

Monday

8:30 am Island Yoga & Thursday
 10 am Shell Crafters

Tuesday & Thursday

10 am Sanibel Yoga
 11:15 am Sanibel Yoga
 12:30 Duplicate Bridge

Wednesday, March 22

9:30 am iPhone/iPad Erik Orkin
 \$40 members/\$45 guests
 6-8 pm Energy Medicine "Balance" \$15
 7 pm Colorful Sips \$
 7 pm Amer. Civil Liberties Discussion

Thursday Eve

SCCF Speaker Forum
 Democratic Club

March 17 & 18

Lions Fair

March 25

9-11:30 am Energy Medicine "Pet Pain" \$35

Visit www.SanibelCommunityHouse.net
 for more information



The Community House

SANIBEL COMMUNITY ASSOCIATION

Telephone: (239) 472-2155

info@sanibelcommunityhouse.net

www.sanibelcommunityhouse.net

2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational,
 cultural and social gatherings in our
 historic Community House."

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Captiva Island Historical Society Looking Back: St. Patrick's Day Parade

This week's image features several people riding and standing next to a horse-drawn carriage during a St. Patrick's Day parade.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane on Captiva and open during library hours.

Visit the Captiva Island Historical Society website www.captivaislandhistoricalsociety.org/archives/research to view many more images to bring you closer to Captiva.✪



Some of those identified in the photo are Edna Jones, Mattie Bartlet, Carl Dickey, Eleanor Dickey, Herman Dickey and Richard Eyber

photo courtesy Captiva Island Historical Society Archives

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Quilt Show At Historical Museum



Paula Newton and Stephanie Rahe sorting the quilts

photo provided

The Sanibel Historical Museum and Village is preparing a quilt display to be featured March 23 through April 29. The village is open from 10 a.m. to 4 p.m. Wednesdays through Saturdays, located at 950 Dunlop Road. Admission is \$10 for adults 18 and older; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. Admission for entrance to go only to the museum store is free. For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.✪

Children Can Hunt For Treasure At Sanibel Historical Village



Children will look for treasure throughout the Sanibel Historical Village to earn a prize

photo provided

It's time to hunt for pirate treasure at the Sanibel Historical Village. Children who visit the village are invited to go on a treasure hunt through the village's historical buildings, and then choose a prize from the treasure chest at the Rutland House.

The historical village is open from 10 a.m. to 4 p.m. Wednesdays through Saturdays. The village is located at 950 Dunlop Road (next to BIG ARTS).

Admission is \$10 for adults 18 and older; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. Admission for entrance to go only to the museum store is free. For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.

Community House Chef Demonstrations

The Community House resident chef Jarred Harris is hosting three classes for the home chef interested in providing gourmet fare. The classes will be held on Sundays, March 19 and 26 and April 9 from 4 to 6 p.m. All classes will take place at The Community House, located at 2173 Periwinkle Way.

Harris has 35 years of experience in the culinary industry. After having worked in England recently, he is back on Sanibel and offers unique gourmet cooking techniques with a focus on using fresh seasonal ingredients produced sustainably and locally.

The menu for the March 19 class will include salad of frisee, crispy pork belly with caramelized apples and calvados vinaigrette, duck leg confit with red wine syrup, baby vegetables and sweet potatoes dauphinoise, plus the chef's favorite chocolate tart.

On March 26, the menu will include salad of duck ham, toasted pecans, mixed salad greens and cherry vinaigrette, lobster thermidor, vegetable melange and parisienne potatoes, plus a hazelnut crème brulee.

The theme for the April 9 class is Gourmet Prep for Home Cooks 2. The menu will include vichyssoise, beef bourguignonne with gnocchi, plus a vanilla ice cream with red wine syrup and gaufrette cookie for dessert.

The cost to attend each class is \$45.

Space is limited. Make reservations online at www.SanibelCommunityHouse.net or by calling The Community House at 472-2155

Documentary Screening

Also featured at The Community House this week is the new documentary from David E. Carter, entitled *Postcards and Pictures*, which will be screened on Monday, March 20 at 7 p.m.

Community Potluck

The next monthly Sanibel Community Potluck Dinner will be held on Wednesday, March 29 at The Community House beginning at 6 p.m.

This month will feature Lazy Flamingo Corporate Operations Manager Ron Rich, who will share his knowledge of local seafood. He topic will be: Everything you wanted to know about gulf shrimp and all of our local seafood, from mussels to clams, but were afraid (or not so afraid) to ask.

Rich grew up in the Finger Lakes region of New York. While he was in college, he came to South Seas Island Resort to visit his brother over 20 years ago. Later, he moved here and has never looked back. Rich will be sharing samples of seafood with the potluck attendees, including mussels, clams and shrimp.

Local musician Chape Whitman will again be providing music during the evening, from instrumentals to tunes by The Beatles.

The potluck is free to those who bring an appetizer, main dish, side dish or dessert to share. A \$10 donation is requested from others to help provide for staffing and paper products. For more information, call Clair Beckmann at 472-4524.

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Sanibel Heritage Trail map

image provided

Sanibel Heritage Trail And Stories At Twilight Talk

The Sanibel Historical Museum and Village Twilight Talk at The Community House on Monday, April 3 at 7 p.m. will be a historic event in Sanibel's history, revealing the new Sanibel Heritage Trail and featuring six panelists sharing their personal experiences with the history of the island.

When completed this spring, the Sanibel Heritage Trail will feature 21 outdoor reader panels along the mixed-use path, a free map-guide, a web page and a cell phone app. The panels will

have text and historic photos addressing many aspects of Sanibel's unique heritage, including its pioneer settlers, agriculture, architecture, causeway, commerce, community, conservation, education and environment.

Trail users also will become acquainted with the history of Sanibel's governance, preservation efforts, racial integration, recreation, wildlife and worship. The beginnings of the fishing and hospitality industries also will be addressed.

The Heritage Trail is sponsored by the City of Sanibel, its Historical Preservation Committee, the Sanibel Public Library, the Lee County Tourist Development Commission, the Southwest Florida Community Foundation and the Florida Humanities

Council. It will be accessible to all island residents and visitors and will emphasize the resourcefulness, persistence, hard work, and strong values of those associated with Sanibel's heritage.

The program will open with a PowerPoint presentation by Craig Chandler of the Sanibel Planning Department, followed by Don Adams, Heritage Trail coordinator, who will discuss how the trail was developed, including the extensive research that was conducted over a period of five

years to assure the accuracy and inclusiveness of the trail's presentations. He will introduce a panel including Susan Cassell, Sheila Fortney, Deborah Gleason, Yvonne Hill, Jim Pickens and Ty Symroski, who will share their personal behind-the-scenes experiences from decades of living Sanibel's history.

Twilight Talk tickets are available for \$10 per person. Make your reservation by calling Emilie at 472-4648 or emailing info@sanibelmuseum.org. Proceeds will support the Sanibel Historical Museum and Village.*

Blind Pass Inlet Management Study Meeting

The Lee County Division of Natural Resources will hold a public meeting at 10 a.m. on Friday, March, 24 in the Pelican Room at the Sanibel Recreation Center, located at 3880 Sanibel Captiva Road, to update the public on the Blind Pass Inlet Management Study.

Lee County's coastal engineering consultant, CB&I (Chicago Bridge & Iron Company), will present their progress to date on the Inlet Management Study. The data collection and model calibration phases have been completed.

The consulting engineers and the Blind Pass Inlet Management Study

Technical Advisory Committee, comprised of scientists and engineers from Lee County, the City of Sanibel, the Captiva Erosion Prevention District (CEPD), and the Florida Department of Environmental Protection, have completed a preliminary evaluation of different management alternatives for the inlet utilizing model simulations. The results of these models will be presented at the meeting. Time will be provided for questions and comments from the public.

For more information about the Blind Pass Inlet Management Study, visit www.leegov.com/naturalresources/blind-pass-2016-inlet-management-plan-study

For questions regarding the Blind Pass Inlet Management study, contact the Lee County Division of Natural Resources at 533-8109 or the City of Sanibel's Natural Resource Department at 472-3700.*

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Zonta Invites Public To Service Collection Day

submitted by Dalia Jakubauskas

With another successful Peek at the Unique fundraiser completed, members of the Zonta Club of Sanibel/Captiva will turn their attention to service at the 2nd annual Community Service Collection Day and invite members of the public to do the same. Set for 10 a.m. until noon Saturday, April 1 in the Sanibel Congregational United Church of Christ parking lot, the collection will benefit local non-profits that work to improve the lives of women and girls.

Participants are asked to bring gently used and new items for donation to these groups for use in their missions to empower women – goals shared by Zonta. Each of these 501(c)3 organizations have received a grant from Zonta this year and all donations are tax deductible. Zontians will be on hand to collect items and issue tax receipts.

Here is a list of items requested:

Abuse Counseling and Treatment, Inc. (ACT):

New twin size bedding, bath towels, hand towels and washcloths. New twin size vinyl mattress covers. Full size toiletries (especially for African American women), dental care products, deodorant, disposable diapers,

children's juices and snacks.

Community Housing and Resources (CHR):

Pots and pans, utensils, plates, cups, kitchen and bath linens, bedding, women's clothing and shoes, boys' clothing, school supplies.

Dress for Success:

Women's career clothing of all kinds, women's dress shoes and handbags.

Habitat for Humanity/Women Build:

Household goods – dishes, glassware, bookshelves, table and floor lamps, small working appliances (toasters, blenders, etc.), clean area/throw rugs. A complete list is available on the Restore website: <http://leehendry.habitatrestores.org/donate>.

Head Start Parent University (ESL):

Printed flash cards with the alphabet and simple words. Alphabet related games. Simple quality books for early learners. Magazines with large pictures.

Human Trafficking Awareness Partnerships (HTAP):

Art paint, large containers and tubes of acrylic paint, brushes, unopened packets of colored pencils, rolls of plastic table and/or floor covering, sketch pads, new sharpies (especially metallic colors), new small plastic containers with lids.

OILE – Working to Improve through Self-Improvement (WISE):

Sewing supplies – needles, pins, buttons, scissors, knitting needles, yarns, fabrics, yardsticks, irons and sewing machines.



Zonta members at the club's first Community Service Collection Day in 2016 photo provided

PACE:

Dresses for Love That Dress fundraiser. Household items such as linens and kitchen goods.

SalusCare – Transitional Living Center:

Women's casual clothing and maternity wear, baby items, children's toys. Toasters, coffee pots and clothes hangers.

Rethreaded: T-shirts, new or used, 90 to 100 percent cotton (no side seams), 13 inches from bottom hem

with no graphics.

The Zonta Club of Sanibel-Captiva is a service organization of professionals working to provide hands-on assistance, advocacy and funds to strengthen women's lives locally and around the world through Zonta International. For more information, visit zontasancap.com.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.✪

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Atocha 1622

Coin No: 85A-236923

Denom: 1 Real

Mint: Lima

Assayer: D 1577-1588

Date: Never Dated

Weight: 2.7

Grade: ONE (1)

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Rotary Happenings

submitted by Shirley Jewell

Recently, there was an article in our local newspapers regarding tax deductible contributions and giving to a designated 501(c)3 organization.



Unfortunately, this article stated that contributions made to Rotary were not tax exempt and do not qualify for a tax deduction. That may be the case for some Rotary clubs, but not for the Sanibel-Captiva Rotary Club. San-Cap Rotary has a special account set up to receive donations directly. The Sanibel Captiva Rotary Trust Fund is classified a designated-tax deductible charity fund and is the Sanibel-Captiva Rotary club's giving arm.

Our club trust board meets once a month to review requests for grant money funding for worthy projects aligned with San-Cap Rotary and Rotary International



Nick Cafardo photo provided objectives. Approved grants for this month went to FISH (\$1,500) for classroom teaching, to Shelter Box USA (\$2,000) for disaster relief in Syria, and Florida colleges (\$3,000 total) for two scholarships. The approximate dollar value of grants given

out annually is between \$50,000 and \$75,000.

Further information regarding our grant fund activities and our grant applications can be found on our club website at www.sanibelrotary.org.

Our guest speaker on March 10 was *Boston Globe* sports writer Nick Cafardo. Cafardo covers Red Sox and major league baseball for the New England newspaper. He writes the Sunday baseball notes and has a Red Sox column. Cafardo contributes to NESN Red Sox pregame shows and has written books on the New England Patriots and Atlanta Braves.

Cafardo's career started in Brockton, Massachusetts. He then went on to a position of sports writing for the *Quincy Patriot Ledger* before joining the sports writing staff at the *Boston Globe* in 1989. In his early years with the *Globe*, he wrote about the Patriots and the Red Sox. But now his main point of interest is the Red Sox team, and he has written about the baseball team for 28 years. Whether Cafardo is sitting at Fenway Park or traveling with the team to spring training or out of town games, he is the ultimate observer and communicator of Red Sox news. He has the opportunity to get to

know the players and management of the team. He witnesses team dynamics and individual playing styles of the players. On occasion, he travels out of the country on quest of a story.

When Ivan Calderon was traded by the Montreal Expos to the Boston Red Sox, Calderon could not be reached to be notified of the trade. Cafardo took a plane to Puerto Rico to see if he could find him. Sure enough, he found him staying on San Juan Beach. Cafardo knocked on the door of the apartment, was let in, and observed that Calderon was letting the phone ring off the hook. He told Cafardo he knew he had been traded but would deal with that later.

While in Puerto Rico, Calderon showed him around and took him to a cock fight. Cafardo went into quite a lot of detail on this, which included personal details I would rather not know about. In fact, Cafardo told us he couldn't eat chicken for quite some time after being in Puerto Rico with Calderon. Another visit he told us about was the Dominican Republic, and traveling across the country to visit a player. Along the way across the island, the car was stopped several times by the

continued on page 31

Commission Approves Medical Marijuana Moratorium

by Jeff Lysiak

Members of the Sanibel Planning Commission voted unanimously during their Tuesday meeting to establish a temporary moratorium on medical marijuana dispensaries within the city in order to allow the state of Florida to develop sufficient licensing and regulation standards.

"Beginning on the effective adoption date of this ordinance, for a period of nine months from the effective date, a moratorium will be imposed on the opening of new cannabis dispensing businesses and on the expansion or relocation of existing cannabis dispensing businesses in the City of Sanibel," the draft ordinance reads, in part. "Nothing in this temporary moratorium shall be construed to prohibit the use of cannabis pursuant to the Compassionate Use Act or other applicable statutory or constitutional Florida Law, or the delivery of cannabis in compliance with the Compassionate Use Act or other applicable Florida Law."

Director of planning Jim Jordan introduced the draft ordinance, while city attorney Ken Cuyler noted that the matter was brought before the commission because the adoption process to establish the moratorium was similar to that of a rezoning regulation. He explained that other local communities – including Estero, Bonita Springs and both Charlotte and Collier counties – have enacted a similar temporary moratorium.

"This allows us as a city to take a step back and see what regulations are put into place," Cuyler added.

Commissioner Karen Storjohann questioned why a nine-month ban was chosen

instead of a year. Cuyler explained that while other communities have elected to impose a year-long moratorium, it is estimated that license and regulation standards will be in place within the next nine months. If needed, Sanibel can extend the moratorium.

Storjohann also asked whether public smoking regulations would include medical marijuana; Cuyler said that such regulations are governed by the state. Vice chair Holly Smith noted that smoking regulations within private establishments or areas may be self-regulated by the property owner.

"Nine months gives us a chance to see what other communities will be doing," added commission chair Dr. Phillip Marks.

Commissioner Chuck Ketteman made a motion to approve the draft ordinance, which was seconded by Marks and approved by a 6 to 0 vote, with commission member Chris Heidrick absent and excused. The ordinance now moves to the city council for their consideration.

In other business, commissioners voted to grant final approval of a development permit to allow the construction of a new pod addition at a single-family residence located at 1233 Middle Gulf Drive.

At the conclusion of Tuesday's meeting, commissioner Jason Maughan tendered his resignation from the seven-member panel in order to accept his newly-elected seat on the Sanibel City Council.

"I can't thank you enough for my time here on the planning commission. It's an experience for me that I won't soon forget," Maughan told his fellow commissioners. "To me, this has been extremely personally rewarding... The lessons I've learned while serving on this board are an example of the correct way to effect positive change in this community."

Also, without any pending items on the agenda, the planning commission meeting scheduled for March 28 has been cancelled.*

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OBITUARY



DOROTHY MARIE DEVASURE

Dorothy "Dotty" Marie (Granlund) DeVasure, 93, entered the gates of heaven on February 25, 2017. She was born on October 1, 1923 in Omaha, Nebraska, the second of five children of the Rev. CO and Naomi Granlund. Dotty graduated from Central High School in Minneapolis, Minnesota and attended Gustavus Adolphus College. She earned her nursing degree at Swedish Hospital in Minneapolis.

Dotty became the college nurse at

Dana College in Blair, Nebraska, where she met and married Lowell DeVasure, a farmer from Tekamah, Nebraska on August 28, 1948. The couple raised three children: Ann Christine, John Lowell and Jane Marie.

Dotty and Lowell spent many years farming in the Tekamah area and were active at Emmanuel Lutheran Church. Dotty served as a home healthcare nurse in Burt County. They retired to Sanibel Island, where they were active at Sanibel Community Church, taught classes in Stephen Ministry and toured to the Holy Land. They were enthusiastic shellers, travelling around the world collecting seashells, served as docents at the Bailey-Matthews National Shell Museum and won many awards at shell fairs.

Dotty was preceded in death by her husband, Lowell, her brother Paul and sisters Ruth, Grace and Lois. She is survived by children Ann Buland (Rodney), John DeVasure, Jane DeVasure (Keith Siebrandt); grandson Steven Siebrandt (Tina), granddaughters Shannon Schlabs (Ronnie) and Sarah Siebrandt; and great-grandchildren Gracelyn, Asa, Savannah, Landon and Dillon.

Her memorial service will be held on Tuesday, April 4 at Sanibel Community Church, 1740 Periwinkle Way, Sanibel, FL 33957. The service will begin at 10:30 a.m. In lieu of flowers, memorials will be given to SCC missions (checks may be made out to Sanibel Community Church). Condolence messages may be made to dottyd1001@gmail.com.*



Matthew and Craig Lucker selling tickets to The Love Liner dinner theater photo provided

Dinner Theater Coming To Sanibel Church

On Sunday, March 26 at 5 p.m. at Sanibel Community Church, the H2O youth program will host a special dinner theater called The Love Liner. This is a free, interactive dinner theater that takes place on a cruise ship, and encourages love, liberty and the pursuit of living in community. All are invited to attend, but reservations are required. Stop by the church office at 1740 Periwinkle Way to make your reservations or call 472-2684. Reservations can be made through March 19.

The evening promises to be full of fun, as the cast presents its version of The Love

Liner and the Not-So-Newlywed Game. During dinner, you will be entertained with one-liner jokes and puns written by Pastor Daryl Donovan. All cruising will take place in the main Sanctuary.

At the conclusion of the evening, a love offering will be received to help scholarship middle school and high school students to attend youth mission trips and retreats.

H2O Student Ministries is for sixth grade through 12th grade young men and women. H2O meets on Wednesdays from 5 to 7 p.m. for middle school students and from 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. All students are welcome to attend. Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way (next to Jerry's Market).

For more information, call 472-2684 or visit www.sanibelchurch.com.*

*Thank you
for your trust and support.*

I look forward to working for you to keep Sanibel the best place in the world to live, work and visit.

— Kevin Ruane, Sanibel City Council

CARD OF THANKS

The 80th annual Sanibel Shell Festival, co-hosted by the Sanibel-Captiva Shell Club and the Sanibel Community Association, was a great success, and the two organizations wish to express their appreciation to everyone who supported the event.

The Community House completed its restoration, renovation and expansion project in time for the Shell Festival, thus ensuring the facility will continue to serve shell enthusiasts for years to come. Its beautifully landscaped grounds provided a backdrop for the festival activities. The original 1927 Community House was lovingly restored while the remainder of the building and its systems were redesigned and updated to meet modern standards. It has been like the caterpillar that was transformed into a beautiful butterfly.

The following generously provided donations for the Sanibel Community Association raffle: 80th Anniversary Sailor's Valentine designed and created by Bill Jordan; Sanibel-Captiva Beach Resorts, one-week vacation; Object D'Art designed and created by Sanibel artist Luc Century; Congress Jewelers, Sealife inspired jewelry; Murex Ramosus specimen shell donated by Larry Strange, Sanibel Seashell Industries in a lucite case donated by Ann Arnoff, Charles Lister and Bill Schecker; Jamis Hudson Easy Single Speed Comfort Bike donated by Salli Kirkland and Billy's Bike Rentals. David Drotleff again provided his talent to design the

beautiful rack cards and posters. The Sanibel-Captiva Shell Club would like to extend a special thank you to our scientific judges Robert Janowsky and Dr. José Leal, and our artistic judges John Whitenight and Sharlene Totten; to Dorrie Hipschman and her staff for the use of the Bailey-Matthews National Shell Museum for our Judges' Awards Reception and for giving free admission to everyone who gave the \$5 donation to enter the Shell Show; to nature photographer Melanie Moraga for allowing us to use her photography without charge for the Shell Show awards and the Shell Show booklet.

The club would like to thank the following businesses for making major financial contributions to the Sanibel Shell Show. There is one Angle Wing level sponsor, the Island Inn. The Heart Cackle level sponsors include the *Island Sun*, Three Crafty Ladies, Bailey's General Store, Karl Kotasek, The Timbers Restaurant and Matzaluna, and She Sells Sea Shells. Congress Jewelers designs a special shell pin that is presented to the winner of the shell show's the Anne Joffe Sanibel Superstar Award. We thank them for their support.

Besides these major sponsors, the following businesses and individuals sponsored the trophies and the awards that were given to the winners of the scientific division and artistic division competitions of the Shell Show. These King's Crown level sponsors include the Sanibel Community Association and the Shell Crafters, the Weinstein

family, Shalimar Cottages & Motel, the Edinburg family, the McGowan family, the Lesinski family, the Clifford family, Goz Gosselin, Sanibel Seashell Industries, Bank of the Islands, West Wind Inn, Sanibel Captiva Community Bank, the Neujahr family, Congress Jewelers, Jerry's Foods, Delaware Museum of Natural History, Conchologists of America, The Bailey-Matthews National Shell Museum, Eugene C. Spencer, Joyce Matthys, the Sexauer family, Gene Everson, Casa Ybel Resort, Mary Burton, and Doug and Kathy Kapp.

In addition to the many items provided by our members, the Shell Club also thanks Costco, Publix, The Jacaranda Restaurant, The Great White Grill, Sanibel Deli and Coffee Factory, and Jerry's Foods. Those who worked the whole day at the show greatly appreciated your donations.

The Shell Club thanks its members and those who prepared the "thank you bags" given at the Shell Show entrance. We thank the authors who participated in book signings at the Authors Table. And a big thank you to all the volunteers who gave so tirelessly of their time and efforts, and the exhibitors whose incredible scientific or artistic exhibits continue to make the Sanibel Shell Show the largest and most premier show in the world.

Thank you to the *Island Sun*, *The Islander/Island Reporter*, and the *Santiva Chronicle* newspapers for providing great coverage with stories and photos before and during the

festival. The *Island Sun's* show booklet was beautifully done and mailed to all the households on the island.

Thanks also go to Zebis and the *Santiva Chronicle* for their donation of the photo kiosk enjoyed by all during the show.

A special thank you goes to Sanibel Community Association Executive Director Teresa Riska-Hall and her staff for the many tasks they performed for the Shell Club and the Shell Crafters throughout the Shell Festival.

A huge thank you to the hundreds of volunteers who tirelessly worked to make the Shell Festival such a great success: the Sanibel Community Association Shell Crafters, who create the lovely artistic and whimsical items with shells throughout the year; the "Shelling Bees" who sort and prepare the shells to sell at the Shell Tent; the Kiwanis, Lions and Rotary members who daily help with parking.

Thank you to the City of Sanibel and the Sanibel-Captiva Chamber of Commerce for their assistance and support. Appreciation is directed to the island businesses that promoted the festival. And most importantly, a huge thank you is extended to the community of Sanibel and Captiva for helping to make the 80th annual Shell Festival a success, and to you, the attendees, for your interest and patronage.

Planning is already under way for next year's festival. The dates are March 1, 2 and 3, 2018 at The Community House. Plan to come and again be amazed.*

SANIBEL COMMUNITY CHURCH PRESENTS
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In the Sanctuary



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Free baked potato bar & sodas served at 4:30 p.m.

A love offering accepted for the Transformers Club, inc. of Fort Myers. Mentoring programs that helps impact young adults and teenagers through fun, laughter, and tears, by implementing Godly morals.

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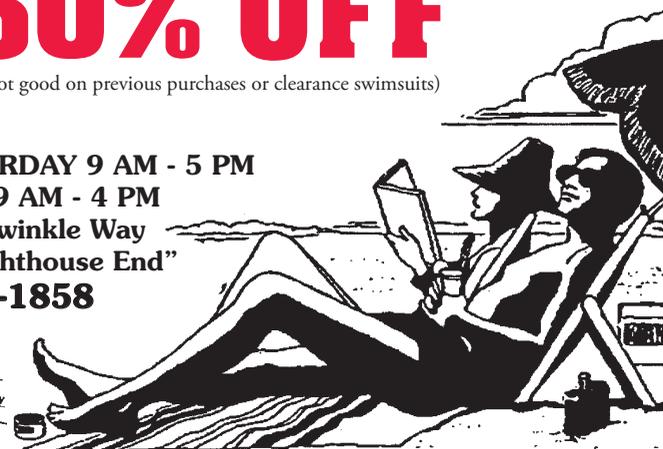
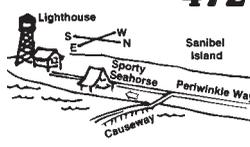
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OBITUARY

RICHARD H. DOWNES

Richard H. Downes will be laid to rest at Fort Myers Memorial Gardens Cemetery on Friday, March 24 at 10 a.m.

Downes, a retired attorney from New Jersey and a 20-year Sanibel resident, was a member of the island's planning commission for several years and served as chairman three times.

Fort Myers Memorial Gardens is located at 1589 Colonial Boulevard in Fort Myers.✽

12-Step Course

The 12-step programs of recovery like Alcoholics Anonymous are inherently spiritual, and can prove beneficial to those who are not dealing with a specific addiction. The Rev. Dr. John H. Danner will be offering a three-week course, Twelve Steps to Life: An Exploration of Twelve Step Spirituality, held on Wednesdays, March 22 through April 5, at the Sanibel Congregational United Church of Christ. Identical sessions will be offered each Wednesday at 10 a.m. and 7:30 p.m. The course will utilize the writings of AA founders Bill Wilson and Bob Smith, as well as the work of Father Richard Rohr and Gerald May, MD.

Many people have heard of Alcoholics

Anonymous and know that it is a program designed to help people deal with their addiction to alcohol. It is often called a 12-step program because it is based on a series of steps, actions, to be taken by the alcoholic as he or she addresses their disease. The 12 steps of Alcoholics Anonymous also undergird many other anonymous programs including Al-Anon, for family members of alcoholics; Overeaters Anonymous, for those dealing with eating disorders; Gamblers Anonymous; Co-Dependents Anonymous and many others. Father Rohr speaks of 12-step spirituality as America's most significant and authentic contribution to the history of spirituality.

The course is free and open to the public. For further information, call the church office at 472-0497 or visit www.sanibelucc.org.

[sanibelucc.org](http://www.sanibelucc.org). Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.✽

Free Movie Night

Sanibel Community Church will show the movie *Ben-Hur* at the Free Movie Night on Sunday, March 19 starting at 5 p.m.

Fate and adventure collide in the epic and awe-inspiring story of Judah Ben-Hur (Jack Huston), a prince who is enslaved by the Romans after being betrayed by his adopted brother Messala (Toby Kebbell). Separated from his family and the woman he loves, Ben-Hur is rescued from near death by the mysterious Ilderim (Academy Award winner Morgan Freeman). He returns to his homeland seeking revenge against his brother and an empire, but instead he finds a chance for redemption.

A love offering will be received for the Transformers Club, Inc. of Fort Myers. The club sponsors mentoring programs that help impact young adults and teenagers through fun, laughter and tears by implementing Godly morals.

Come enjoy a baked potato bar and refreshments beginning at 4:30 p.m.

Sanibel Community church is located at 1740 Periwinkle Way. Worship services are offered at 8, 9 and 11 a.m. on Sunday. For more information, visit www.sanibelchurch.com or call 472-2684.✽

American Legion

On Friday, March 17, stop by Post 123 and enjoy a traditional St. Patrick's Day meal of corned beef and cabbage all day long.

On Sunday, March 19, a fish and shrimp fry will be offered from 1 to 8 p.m. on Sunday, March 26, barbecue ribs and chicken will be served.

Every Monday is the 8-ball pool league tournament at 5 p.m. Stop in and watch some good shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has cookbooks available.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✽

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A snowy plover, visible on the left side of the photo, roosting in a roped-off area of the Perry Tract along Gulfside City Park last Wednesday morning photos by Jeff Lysiak



Dan Eberly, visiting from Bethesda, Maryland, asking Audrey Albrecht about the island's shorebird population

From page 1

Snowy Plovers

behind the eyes and ears. In males, dark markings are more pronounced. Snowy plovers have a short, thin black bill and gray legs.

"If you see a pair of them on the beach, it's usually easy to tell them apart," said Albrecht, who noted that the Perry Tract protected zone had to be moved further from the gulf shoreline because of recent high tides. "When it's windy like today, they will usually move around a little more, but generally they like to stay in an area where they consider themselves protected. Here, they're not getting flushed out (by people or predators) too often."

Sanibel's beaches provide a year-round home to snowy plovers, which nest and raise their chicks between February and August. Their nests are often difficult to see; the birds create a small depression in the sand (called a scrape). These ground nesters often select a location in the open, so adults can see approaching predators. After the female lays their eggs – usually three – the male and female take turns incubating the eggs. Chicks hatch approximately one month after being laid and weigh around six grams at birth. Juvenile plovers can fledge their nests after just one month.

In addition to snowy plovers, least terns and Wilson's plovers nest on the islands. Populations of shorebirds are declining due to increased development and human disturbance.

Albrecht also mentioned ways that island residents and visitors can help protect the species. Her tips included:

- Respecting the staked nests; only photograph snowy plovers from a distance
- Avoid walking along the high wrack line
- Always keeping dogs on a leash
- Never flying kites near nests, since snowy plovers might consider a kite a predator
- Never chasing birds walking along the beach
- Filling in holes dug in the sand, which could also trap sea turtle hatchlings
- Picking up garbage and debris, especially plastic and monofilament fishing line

The next Shorebirds of Sanibel & Captiva presentation will take place at 2 p.m. on Thursday, March 23 at SCCF's Nature Center, located at 3333 Sanibel Captiva Road on Sanibel. Admission is free for members and \$5 for non-members. For more information, visit www.sccf.org.



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The Myakka River Bluegrass Band
Bluegrass Sunday
At Sanibel Church

One of the most popular services each year at Sanibel Congregational United Church of Christ is Bluegrass Sunday, which this year will be held on March 19. The Myakka River Bluegrass Band, a group that performs regularly in Southwest Florida and has an enthusiastic following, will play during both the 9 and 11 a.m. services.

The Myakka River Bluegrass Band includes James Rogers on banjo, Jeff Cisco on fiddle, JR Davis on guitar and Jim Marshall on bass. The band has played at numerous festivals and other venues throughout the area, and will be making their fifth appearance at the church.

The band will be joined by the church's resident blended worship musicians Shawn Allison, baritone, and David Dust, guitar, at the 9 a.m. service. The Chancel Choir, under the direction of Dr. Elwood Smith, will also be featured at the 11 a.m. traditional service.

The Rev. Dr. John H. Danner, senior pastor, will preach at both services, as well as the 7:45 a.m. chapel service. His sermon, based on the story of the woman at the well in the gospel of John, is titled Better Than Moonshine!

All are welcome. There is a fellowship hour between the two services.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call 472-0497.*

photo provided

Youth Group Goes Green



The LOGOS finalists from each grade during the cup stomping were Kylie Hackett, Harrison Jones, Jessika LaBorde, Karsten Schafer, Brooks Selby and Alexander Erickson

photos provided

The theme on March 8 for the LOGOS group at Sanibel Community Church was Go Green. This midweek ministry engages families in fun themes each week. The menu was green food including pasta with pesto sauce and salad.

During Family Fun time, the children did a cup stomping competition by grades. The loudest pop came from Jessika LaBorde.

Families with children ages 3 years old through fifth grade are welcome to join. For more information, contact Kathy Cramer at 472-2684.*



The 2017 LOGOS Cup Stomping Champion was Jessika LaBorde for consistently making the loudest stomp pop

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Plant Smart

Common Dayflower



Non-native common dayflower (center) is one of several species growing amid the turf grass photo by Gerri Reaves

by Gerri Reaves

Non-native common dayflower (*Commelina diffusa*) is one of several dayflowers that are widespread in Florida. Commonly found in moist lawns, woods, or in ditches, it is considered by some people to be an

invasive or noxious weed.

If you eliminate this species from your landscape, be sure not to confuse it with its native relative, the whitemouth, or erect, dayflower (*Commelina erecta*), which is worth keeping.

Common dayflower is a member of the spiderwort family. It is also called climbing, spreading, or creeping dayflower. The latter name refers to the plant's characteristic of rooting at the stem nodes and forming mats.

As the word dayflower suggests, the pretty blue blooms last only a day. Solitary flowers of an inch or less across bloom all year. They have three stamens and three petals, the lower one smaller than the upper two.

The smooth lance-shaped or ovate leaves have a basal sheath, are alternate, and measure one to five inches long.

The stems usually reach one-half to two feet tall, branching extensively along the ground.

It spreads via stems and seeds.

Dayflower species are used medicinally as a diuretic. Parts of them are edible, either raw or cooked.

The petal extract has been used to make indigo dye and paint.

Sources: Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, eattheweeds.com, plantbook.org, and swfwmd.state.fl.us.

Plant Smart explores the diverse flora of South Florida.

Plant Smart explores the diverse flora of South Florida.*

Audubon Bunche Beach Bird Walk

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, March 18 at Bunche Beach. Participants will meet at the beach parking lot at 8 a.m. The parking fee is \$2 per hour. Waterproof shoes are a must because attendees will walk through tidal pools during the excursion. These bird walks are open to public and all levels of experience. A \$2 donation is appreciated.



Black skimmers photo by France Paulson

For more information, visit www.san-capaudubon.org.*



Female osprey feeding her chick

photo courtesy The International Osprey Foundation

Osprey Presentation At CROW

The Clinic for the Rehabilitation of Wildlife (CROW) will present The Story of Ospreys on Tuesday, March 28 at 4:15 p.m. in their Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Ospreys are large brown and white raptors who breed in southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe.

But it is not always easy to understand, so presenter Claudia Burns – who has monitored osprey nests for 25-plus years as an International Osprey Foundation

volunteer – uses photos, videos and recorded vocalizations to explain osprey behavior. The presentation is sponsored by the Sanibel-Captiva Rotary Club and dedicated to the late Mark “Bird” Westall, founder of The International Osprey Foundation.

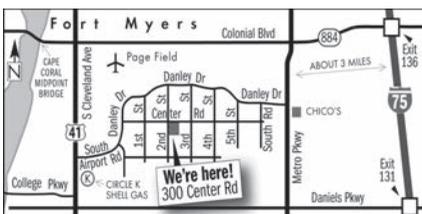
Prior to the presentation, visitors are encouraged to explore the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration and is located across from The Sanibel School.

Reservations are required for the presentation, with admission of \$10 for adults, \$5 for teens and free for children under 13. For reservations or more information, call 472-3644 ext. 228 or email rtrainbolt@crowclinic.org. To learn more about CROW, visit www.crowclinic.org.*

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Shell Collecting In The Marshall Islands March 19

Barbara Cecala will be the featured guest speaker at the next meeting of the Sanibel Captiva Shell Club, to be held on Sunday, March 19. Cecala has been an eight-month resident of Sanibel for the last five years. Her “up north” home is Binghamton, New York, where she has lived for the past 40 years and was a biology teacher.

In 1974, Cecala traveled with her former husband to live on Kwajalein, an island in the Trust Territory of the Pacific, now part of the Marshall Islands in the eastern end of Micronesia. They lived there for 16 months, and this is where made her childhood dream come true: she started scuba diving. Her presentation will be filled with stories of her adventures and the shells she collected.

The meeting will be held in the Bailey-Matthews National Shell Museum



Barb Cecala photo provided auditorium on Sunday, February 19 beginning at 2 p.m. Door prizes will be awarded and refreshments will be served. The meeting is open to the public.*

City Of Sanibel Vegetation Committee

How To Attract Birds, Butterflies To Your Property

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour will take place on Saturday, March 25 starting at 10 a.m.

Future tours of city hall grounds will be held on Wednesday, April 12 as well as on Saturday, April 22, both beginning at 10 a.m.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how to plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.



American oystercatcher (*Haematopus palliatus*) photo provided

Vegetation committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road, in front of the main staircase. For more information, contact the city’s natural resources department at 472-3700.

The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the Environmental Reference Handbook prepared by the city’s vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.*



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Prime Time For Sheephead



by Capt. Matt Mitchell

Winds finally calmed down and came to a end by early in the week after several crazy windy days. Even though weather conditions were perfect most of the week to be out

prefer to finish up hot then start off a trip on fire and have it quit. Learning why the fish just aren't feeding is all part of the complex puzzle we call fishing.

Most of my week was spent fishing mangrove creeks and channels with live shiners for snook, trout and a few top-of-the-slot redfish. Being able to work every nook and cranny of a single mangrove creek while catching fish at almost every stop is a awesome thing. As usual, the snook required a cast close to the roots. Often, if the bait did not get taken, it would gradually swing out into the channel and get swatted at and then eaten by a trout. Most of these deeper creek trout measured from 16 to 20 inches with even a few going over the 20-inch max.

Any time we had good moving current, the bite was outstanding. Then, as the water movement quit, so did the action. I found myself bouncing spot to spot during these no-tide times with the same lack of results. I even went in and around the passes for these few hours and still could not find any current at all. Then, as soon as the water started to move at all, the fish began to feed again. This same pattern played out for three or four very frustrating days until the tide pattern finally improved.

Sheepshead are in full spawn mode during the month of March and, although our conditions seem too warm to me to be fishing for them, they are still here in

enjoying time on the water, we had a few days of having to deal with a lousy tide pattern. The lack of any kind of tide for a few hours mid-morning to early afternoon made it seem like the fish switch had been flipped to the off position.

Luckily, before the zero water movement period, we did really well during my morning charters by catching lots of snook and trout. Then, during the afternoon charters, things started off really slow until the tide picked up, and we generally finished up really well. I don't get to pick when the fish decide to eat, but as long as it does happen at some point during a charter, it's all good. I'd always



Eric Kibbie with a redfish caught while fishing with Capt. Matt Mitchell

good numbers. Capt. Jason, who runs our second boat, has been catching lots of keepers on deeper shorelines and crusty dock pilings in and around the passes. If you want some of these tasty fillets before this fishery comes to a end, then you still have a few weeks to get it done. Mangrove creek fishing for sheepshead has proved a little tougher as water temperatures have just been too warm to shut down the many shrimp-stealers that live in these same mangroves.

Even with the dredging in full swing in

Blind Pass, this whole area is hard to beat if your looking to catch sheepshead either from a boat or from land. With a cool down in the weeks forecast, sheepshead fishing will really heat up until temperatures rebound.

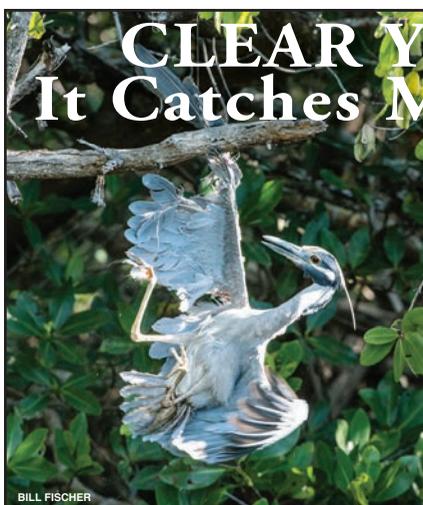
Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨

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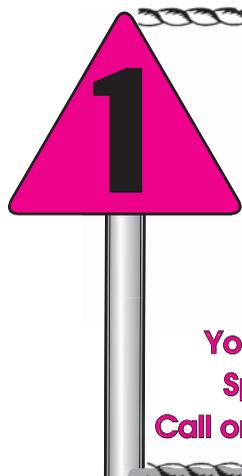
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CROW Case Of The Week:

Great Horned Owl

by Bob Petcher



The great horned owl (*Bubo virginianus*) is the classic storybook owl with its intimidating stare, deep throaty hoot, stiff feathered tufts behind the ears and barrel-shaped body. Even its resonant call is the quintessential stuttering song of the owl that you heard growing up or were startled by while watching a television horror show.

When this owl takes flight, it does so with full broad wings. This may be the only time you can view such a creature. The great horned owl is a master of camouflage, thanks to its natural-colored plumage that has various shades of brown. This big owl with a large head can be two feet long and possess a wingspan of three to five feet. And that's the male species; females are larger.

The second heaviest owl in North America (the snowy owl is heavier) roosts during the day and hunts at night. Night is its most active time of day.

Possibly the most imposing part of the owl is its talons. Large and powerful, the average span of a fully spread foot is nearly eight inches. These talons are utilized to maim or kill prey by squeezing or stabbing.

The calls of the great horned owl are not as prevalent during this time of year. Territorial hooting tends to decrease in February and March when the focus is on egg laying.

At CROW, an adult great horned owl arrived from Cape Coral on March 8. CROW officials reported the owl was lethargic and had a large amount of blood on its right leg and wing. During the initial examination, a small wound was found on a digit of the right foot. X-rays showed a small fracture in the wounded digit. Chemistry

tests showed the patient was anemic. Medical staff performed a full blood transfusion by using blood donated from a healthy adult great horned owl that serves as one of the clinic's educational animals. Dr. Julia Hill explained the reasoning behind the blood transfusion.

"Birds are actually very good at coping with anemia, especially from a chronic condition. However in this case, the owl's packed cell volume, percentage of circulating red blood cell, decreased suddenly due to acute bleeding," she said. "The owl also had signs of shock, which indicated the body was not able to compensate for the blood loss well enough and that a transfusion was necessary."

"Basically, we were fortunate to have another great horned owl that could donate. It is safe to draw about one percent of a bird's body weight of blood. The transfusion process is fairly simple in theory. We draw blood from a donor into a syringe with anticoagulant, and then give that blood to the recipient immediately through a filter, to prevent clotting, over several hours. The recipient must be monitored carefully during this time for an adverse reaction to the transfusion, in which case it would have to be discontinued. Both patients are monitored for several days post-transfusion to make sure they are making new red blood cells appropriately."

Tests were done for rodenticide poisoning, since there were beliefs that the large amount of blood on the bird's foot and wing was possibly due to anticoagulation.

"A blood test is available, but it takes weeks to get results. So in this case, we started treatment on a presumptive diagnosis," said Dr. Hill. "Since the owl had clinical signs of anticoagulation and is improving with therapy, we will continue the treatment for now but may consider other diagnostics if the clinical picture changes."

Patient updates after the weekend appear to be positive.



Patient #17-509 receives an exam

photo by Brian Bohman

"Over the past two days, the packed cell volume has been gradually increasing, which is a great sign and means the patient is making new red blood cells," added Dr. Hill. "There has been no more active bleeding noted. The patient is more alert and feisty when handled."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Pet Lovers Invited To Meet The Artist On March 24

by Jeff Lysiak

During this month's Meet The Artist Yappy Hour, coordinated by Sanibel businesses Island Paws and Over Easy Café, local artist Gretchen "Kish" Serrano will have her artwork featured, with 10 percent of the evening's proceeds donated to the Gulf Coast Humane Society.

On Friday, March 24 from 5 to 7 p.m., Serrano's artwork will be on display along the boardwalk at Olde Sanibel Shoppes, located at 630 Tarpon Bay Road. Island pets and their owners are invited to attend the monthly social gathering, where attendees may enjoy complimentary beverages for owners and free treats for dogs.

Serrano, better known as "Kish" to her friends and fans, was raised in Chicago but relocated to Cape Coral nine years ago. The artist is recognized as the creator of the Paw Palettes Art Collection, which honors both pets and some of the world's legendary painters including Vincent van Gogh, Henri Matisse, Pablo Picasso, Gustav Klimt and others. Her Van Grownl Collection of note cards, along with a line of coffee mugs featuring a variety of dog breeds, is available at Island Paws.

"I studied painting and tried working in several different styles," said Serrano.



From left, artist Gretchen "Kish" Serrano poses next to her painting along with Island Paws/Over Easy Café owners Liza Clouse and Trasi Sharp photos by Jeff Lysiak



"Kish" Serrano with a dog portrait done in the style of Vincent van Gogh



Serrano's artwork is also featured on note cards and coffee mugs

"Then one day, I decided to try and paint using the free-flowing style of Jackson Pollock."

By dripping, splattering and trailing paint across the canvas, a unique pet expression appears without the use of brush strokes.

"At first, I was creating the Pollock-style painting on the floor, but that was killing my back," Serrano added with a laugh. "So I put the canvas on a table, which works much better."

According to the artist, she begins each painting – using house paint on large format canvasses – working from dark to light. "It's a lot of fun for me because there are so many different breeds of dogs, and with each of them I'll use a different color palette. Their expressions are so unique."

Liza Clouse, co-owner of Island Paws, discovered Serrano's work recently while visiting the Cape Coral Art Fair. "I stopped when I saw one of her paintings," she recalled. "I asked her, 'Did you really do that only using the drip method of painting?' It was so fantastic."

Clouse, who also purchased one of Serrano's paintings for her partner, Trasi Sharp, asked the artist if she would be interested in displaying her works at one of their monthly Yappy Hours. Next week's appearance will be Serrano's first on Sanibel.

"I've started working on paintings with dogs that have a more traditional look," added Serrano, who said that each piece takes a couple of weeks to create from start to finish. "Then when people see the work, that's when they'll ask about commissioning me to do a painting of their own pets."

To view some of Serrano's paintings online, visit www.KishOriginal.com. For additional information about this month's Meet The Artist Yappy Hour, call Island Paws at 395-1464 or visit www.islandpaws.com.*

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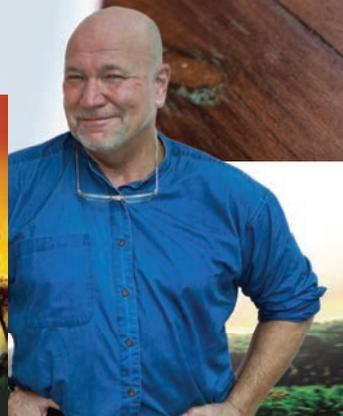
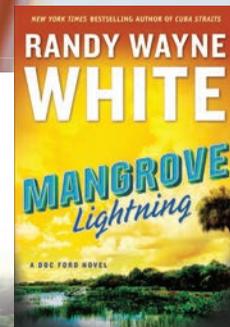


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Shell Of The Week

Lightning Pitar



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

For the past couple of weeks, I have been introducing different species of the family

Veneridae, the venus clams. The lightning pitar, *Pitar fulminatus* (Menke, 1828), is one of the less common species of that family, only occasionally found on the beaches of Southwest Florida. The shell in this species has a typical “clam

shape,” and measures up to about 20 mm (about ¾ inch). It displays a characteristic color pattern of a white background with light-brown tent-like markings that, when grouped together, resemble lightning strikes. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

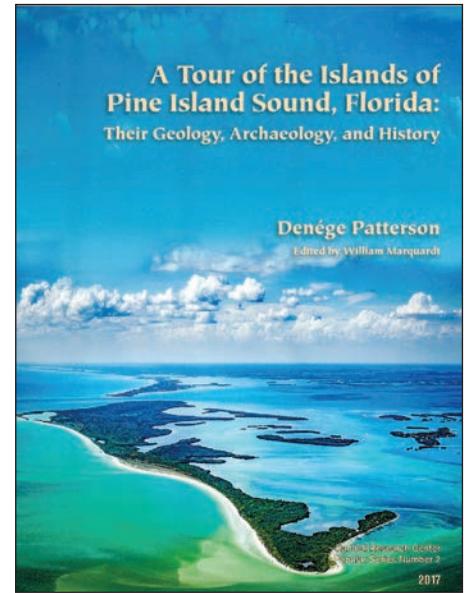
Daily programs are included with paid admission:

- Live Tank Talks – Presented by a marine biologist throughout the day.
 - Mollusk Matinéés – Talks presented by staff every Wednesday from 2 to 3 p.m.
 - Arts & Crafts – 1:30 to 2:30 p.m.
- Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



Denege Patterson photos provided



Lecture Explores The Islands Of Pine Island Sound

Denege Patterson, an archaeology tour guide from the Randell Research Center of Pineland, Florida, introduces 24 of the 90-some islands that share Pine Island Sound with Sanibel and Captiva islands in her book *A Tour of the Islands of Pine Island Sound: Their Geology, Archaeology and History*.

A series of breathtaking aerial photographs and color maps will accompany the author's two free presentations at 10 a.m. and 1 p.m. on Friday, March 24, part of the 2017 “Ding” Darling Lecture Series at the JN “Ding” Darling National Wildlife Refuge on Sanibel.

Patterson will talk about how the islands were formed, why the region is so biologically productive yet vulnerable, which islands contributed the most important archaeological discoveries about indigenous people, why only five of the islands were never submerged, how the gulf beaches and passes achieved their present form, and the islands' intriguing human history.

For 17 years, Patterson has worked side-by-side with archaeologists in the field and laboratory at Randell Research Center. Following her presentations, she will be signing copies of her book, which are

available for purchase in the Refuge Nature Store, proceeds from which benefit wildlife and education at “Ding” Darling.

HighTower/Thomas & Swartz Wealth Management sponsors the free 12-lecture series with support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The season's remaining schedule follows. Book signings will be held at all remaining lectures.

Seating for the lectures in the “Ding” Darling Visitor & Education Center Auditorium is limited and available on a first-come basis. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to enjoy the center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/articles/lecture-and-film-series.

March 31 – Author Will Stolzenburg, *Heart of a Lion: A Lone Cat's Walk Across America*

April 7 – TBD

April 14 – Author Charles Sobczak, *Alligators, Sharks, & Panthers: Deadly Encounters with Florida's Top Predator – Man*



The lightning pitar, *Pitar fulminatus*, from Sanibel Island

photos by José H. Leal

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Saturday, 10 a.m. to 4 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 17, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Opossums at CROW.

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Friday, March 17, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how

they work their magic. One of CROW's animal ambassadors will be present.

Friday, March 17, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Saturday, March 18, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, March 18, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Monday, March 20, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, March 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Opossums at CROW.

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, March 20, 2 p.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Monday, March 20, 4 to 4:15 p.m., adults \$10, teens \$5, 12 and under no charge, advance registration required – Speaker Series: Soaring into the Future of Conservation Medicine, presented by Dr. Heather Barron, CROW hospital director.

CROW has a growing responsibility and commitment to the one world, one health

concept which emphasizes a cooperative approach to the interrelated health of animals, people and the ecosystem. Conservation medicine addresses these growing disease challenges through interdisciplinary collaboration and CROW plays an integral part. Dr. Barron will explain what CROW has done for wildlife health lately and what this could mean for the health of your family, your pets, your food supply and the earth.

Tuesday, March 21, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Tuesday, March 21, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Tuesday, March 21, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5
continued on page 29



Cip's PLACE
Island Restaurant

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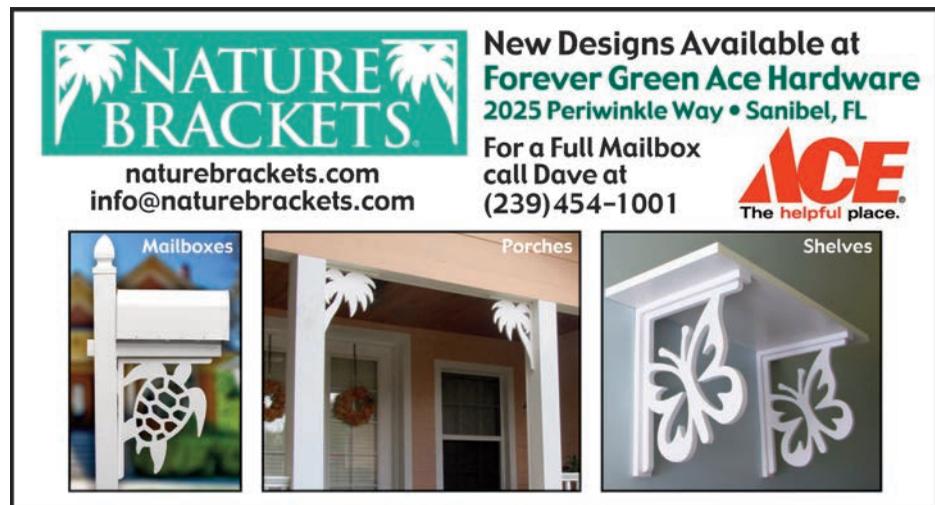
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Top Ten Books On The Island

1. *Heart of the Sanibel Sunset Detective* by Ron Base
 2. *Deep Blue* by Randy Wayne White
 3. *Britt-Marie Was Here* by Fredrik Backman
 4. *Tour of the Islands of Pine Island Sound* by Denege Patterson
 5. *Lilac Girls* by Martha Hall Kelly
 6. *The Little Paris Bookshop* by Nina George
 7. *A Gentleman in Moscow* by Amor Towles
 8. *Strong is the New Pretty* by Kate T. Parker
 9. *The Summer Before The War* by Helene Simonson
 10. *A Piece of the World* by Christina Baker Kline
- Courtesy of MacIntosh Books and Paper**

Read us online at IslandSunNews.com

Shells Found



Rita Roderick and Jim Adams photo by A. Ziehl

Rita Roderick and Jim Adams, visiting from Broomfield, Colorado, found a pair of alphabet cones on the beach near West Gulf Drive at Tarpon Bay. The couple was staying with Jack and Sonja May. They said it was their first time shelling, and both were excited to find such special shells.**

Shells Found



Jackson Stephens



Tyler Stephens photos provided

Ann and John Stephens' grandsons, visiting from Olathe, Kansas, found some prized shells on the beach at Nutmeg Village. Jackson Stephens, 12, found an alphabet cone and Tyler Stephens, 14, found a hinged jingle. "They love shelling in Sanibel," Ann Stephens said.**

Confucious Say: "Chinese Leprechaun carrying Big Fish bring Good Fortune!"



Chef O'Teh brings good fortune (and great food!)

We have Golden Tilefish, Red Grouper, Salmon, Yellowtail Snapper, Pink Shrimp and Blue Point Oysters but NO GREEN SEAFOOD! (We DO Have Corned Beef on St. Paddy's Day!)

MARCH MADNESS Lunch Thursday 3/16 - Sunday 3/19 at 11:30

\$1 Oysters 4-6pm 7 days at The Raw Bar
Sashimi and Sushi Thursday-Saturday

"We serve it fresh...." **Jumbo Stone Crab Claws** Call for availability "....or we don't serve it at all!"

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SEAFOOD • SPORTS • SPIRITS
Friday is Lobstah Night!
Happy Hour Daily 4:00pm - 6:00pm & 10:00pm - Midnight
Grill Open Mon-Fri 4:00pm - Midnight 11:30 am Sunday

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Sanibel's home for Linguine di Mare & Wood Fired Pizza!

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HAPPY HOUR 4:30-6:30 7 DAYS

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Present this ad to your server. Must be seated prior to 5:30 p.m. Not valid on Pizza or with any other coupon or discount. Expires 3/22/17

1200 Periwinkle Way (239) 472-1998 Full Liquor
Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta

ISLAND FARE

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.

2075 Periwinkle Way (Periwinkle Place), 472-2525

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.



Mitch Zamunio and Lea O'Brien of Gramma Dot's

photo by Bob Petcher

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. for dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and

half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

ISLAND PIZZA

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful, Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-one-get-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery.

1619 Periwinkle Way, 472-1581

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week, including live outdoor entertainment from 5 to 7:30 p.m. and 8:30 p.m. to midnight. Expanded happy hour menu and reduced happy hour drink prices from 5 to 7 p.m. and 10 p.m. to midnight. Dinner reservations are suggested.

1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jegó. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-year-old, multigenerational farm in Southwest

Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheesesteak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, homemade muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out the new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with the Riverside Band. On Sunday, it's Wildfire and Julius and Friends. Renata plays on Monday. On Tuesday, it's Karaoke. Wednesday is the Jerry B. Variety Show. Sir Mitch plays on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes

is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers cof-

fees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path. 2407 Periwinkle Way Suite 1, 312-4503

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

Friday, March 24th from 5-7 pm

3RD MONTHLY YAPPY HOUR

Bring your pup and come sip,
sniff & mingle amongst friends.



On the
Over Easy
Cafe patio

Artist Gretchen "KISH" Serrano is recognized as the creator of Paw Palettes Art Collection—honoring both our pets and some of the world's great art masters such as van Gogh, Matisse, Picasso, Klimt and many more. Her Van Grows Collection of note cards are available at Island Paws.

Join us as she shares her latest collection of contemporary art inspired by the free-flowing painting style of Jackson Pollock. By dripping, splattering and trailing paint across the canvas, a unique pet expression appears completely without the use of brush strokes.

Beer, Wine & Doggy Treats



Olde Sanibel Shoppes
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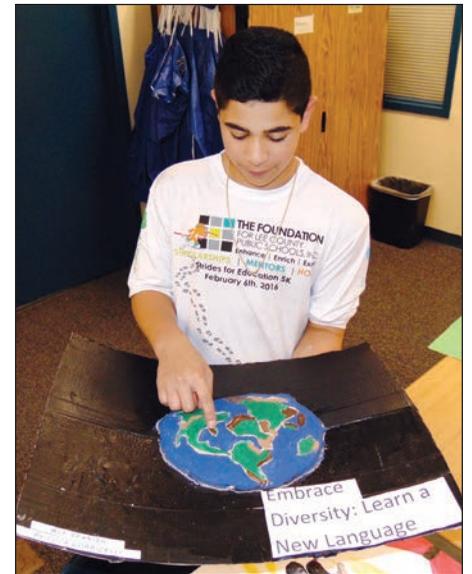
Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.✪



From left, Sanibel School students Bailey Drobnyk, Riley Mann and Mallory Howard displaying their art projects created for this year's World Language Fair photos by Jeff Lysiak



Seventh grader Will Byers showing Spanish language teacher Silvia Zavala the piñata he made



Sixth grader Luca Corricelli with his World Language Fair art project

Celebrating Diversity At World Language Fair

by Jeff Lysiak

On March 11, the Lee County School District hosted the World Language Fair. All middle schoolers from The Sanibel School participated in the fair, submitting either a 2-D or 3-D art project, poster, booklet, video, performed a dance routine or played an instrument.

According to Spanish language teacher Silvia Zavala, who helped organize and submit The Sanibel School's dozens of entries, this year's World Language Fair – for middle school pupils studying Spanish, German, French and American Sign Language – focused on the theme Embrace Diversity: Learn A New Language.

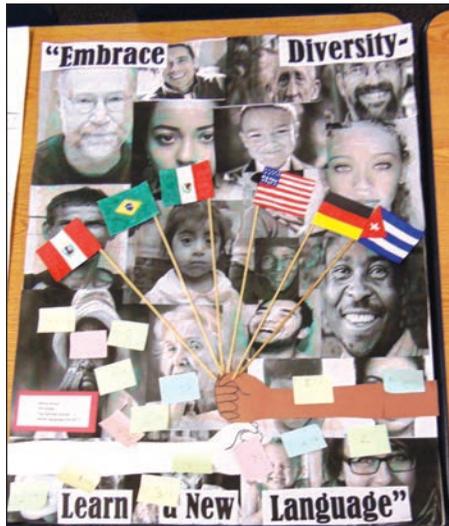
"This is the fifth year we've participated in the World Language Fair," Zavala said last week, three days before the fair.

"I think our students like to participate because it's not a competition; they want to see how many votes their artwork received or which ones were selected to go to the school district. They have a lot of fun working on it."

On March 8, Zavala's classroom was filled with some of the entries submitted for this year's fair. Outside in the school's courtyard, three groups of youngsters practiced their dance routines to be performed at the event.

"Our school's steel drum band, which won an award last year, will also be performing again," added Zavala. "They're going to play *La Bamba*."

Entries from this year's World Language Fair will be on display during The Sanibel School's annual Book Fair Fiesta, to be held on Thursday, March 30 from 6 to 7:30 p.m.✱



The poster created by seventh grader Kenny Kouril



Students practicing their dance routine, performed to the song *Yo Quiero*, in the school's courtyard



Liam Deal's artwork included colorful butterflies, a flower and a sugar skull

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Participants learned about the ecology of San Carlos Bay during a recent boat-based class photo provided

Sea School Offers Marine Science Trip For Adults

submitted by Leah Biery

On Wednesday, March 22, Sanibel Sea School will conclude its Barefoot Academy series of marine science classes for adults with a boat trip to learn about barrier island ecosystems.

Sanibel and Captiva are part of a barrier island chain that lines Florida's southwest coast. From a biological perspective, these islands are strikingly different from the mainland, providing their own benefits and challenges for both

humans and wildlife.

Participants in this program will take a closer look at our neighboring islands and their inhabitants during an educational cruise to North Captiva led by Dr. Bruce Neill, Sanibel Sea School's executive director.

Barefoot Academy classes are open to students ages 18 and up. Students who are 15 or older may register if they are accompanied by a parent or guardian over the age of 18. The cost of this program is \$75 per student.

Sanibel Sea School is a 501(c)3 nonprofit organization whose mission is to improve the ocean's future, one person at a time. To learn more and register, visit www.sanibelseaschool.org/sanibel-adult-programs or call 472-8585.✱

From page 24

CROW Calendar

hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, March 22, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, March 22, 12 to 1:30 p.m., \$30 per person, advance registration required – Lunch and Learn with Dr. Barron.

An intimate discussion with CROW's Hospital Director Dr. Heather Barron. During this program, she describes CROW's role in supporting the interconnectedness of human health, animal health and environmental health. Reservations include a boxed lunch catered by the Sanibel Deli and concludes with a tour of CROW's hospital and rehabilitation grounds. Not recommended for children under the age of 13.

Wednesday, March 22, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital,

CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Thursday, March 23, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, March 23, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, March 23, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

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SANIBEL Music FESTIVAL

Save March For Music 2017

Concerts are held at the Sanibel Congregational U.C.C.
2050 Periwinkle Way at 8:00 p.m.



Emerson String Quartet

With an unparalleled list of achievements over three decades including nine Grammys they were inducted into the Classical Music Hall of Fame in 2010.

Saturday, March 18 • \$50

Sponsored by Sue & Tom Pick



An Evening with George and Ira Gershwin

Selections from their classic songs will be performed with piano accompaniment by an exciting young cast of singing actors.

Tuesday, March 21 • \$45

Sponsored by the LAT Foundation



Opera Theater of Connecticut – French Composers

Including everything from grand opera to comic opera, OTC will present selections from the rich French opera tradition sung by six professional singers along with witty commentary by Artistic Director Alan Mann.

Saturday, March 25 • \$45

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Tickets available on-line at
www.sanibelmusicfestival.org

or by phone at 239-344-7025

After February 15, Tickets may also be purchased at
Bank of the Islands, 1699 Periwinkle Way
or Sanibel Captiva Community Bank, 2475 Library
Way. *Cash or check only.*

An Island Tradition

Sanibel Music Festival is grateful for the support of Lee County and Southwest Florida Community Foundation.



Beach landscape

photos provided

Native Plant School Offered

The University of Florida's IFAS Extension will offer a two-day native plant school at the Sanibel-Captiva Conservation Foundation, located at 3333 Sanibel Captiva Road, on Monday, April 3 and Wednesday, April 5 from 9:15 a.m. to 4:15 p.m. each day.

Participants will learn how to identify local native plants by leaf, flower and other characteristics. Shrubs, trees and palms will be covered, including their best landscape use. Find out what plants the Calusa Indians utilized for food and tools and what insects pollinate local



Coastal landscape

plants. Several field walk-about will take participants to a nearby beach and two island gardens.

Native Plant School is sponsored by the University of Florida Lee County Extension and the Sanibel-Captiva Conservation Foundation. It will be taught by experts from both institutions. Class size is limited.

Cost is \$40 per person for both days. To see the agenda, go online to Lee County Extension Florida and look under Lawns, Gardens & Landscapes. To register, go online to eventbrite native plant school sanibel.

For more information, visit <http://lee.ifas.ufl.edu/hort/GardenHome.shtml>, call 533-7513 or email brownsh@leegov.com.✳



Historic fish house

photos provided

Fish Company and the spectacular tarpon and sport fishing of the area.

The cruise fare will include admission to the Calusa Heritage Day event on the grounds of the Randell Research Center and program of The University of Florida. This special celebration includes talks on the archeological work of the area, replicas of Calusa artifacts, walking tours of the Calusa Heritage Trail, Calusa-inspired crafts, exhibits by local conservation organizations and displays featuring findings of recent archeological investigations. Food will be available at the Calusa Heritage Day event and the historic Tarpon Lodge is also an idyllic spot to enjoy a meal overlooking Pine Island Sound.

Captiva Cruises offers weekly excursions to Pine Island on Tuesdays with lunch at The Tarpon Lodge as well as cruises to Cabbage Key, Useppa Island, Boca Grande, Cayo Costa State Park, and Dolphin & Wildlife Adventure Cruises with the Sanibel-Captiva Conservation Foundation.

For reservations, call 472-5300.✳

Calusa Heritage Day Cruise

On Saturday, March 25, Captiva Cruises will be offering a cruise to Pine Island for Calusa Heritage Day. The cruise will depart McCarthy's Marina on Captiva at 9 a.m. and return at approximately 4 p.m.

Along the way to Pine Island and The Calusa Heritage Trail, guests will get an up close look at historic fish houses and discuss the diverse fishing cultures of Pine Island Sound. With its rich marine resources, Pine Island Sound has been a base to cultures from the indigenous Calusa to Spanish Cuban fishermen, the commercial fishery of the Punta Gorda



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Celebration For Chorus Director At BIG ARTS

BIG ARTS Community Chorus Artistic Director Steve Cramer will celebrate 10 years leading the chorus at the upcoming spring concerts, to be held on Tuesday, March 28 and Thursday, March 30 at 7 p.m. in Schein Performance Hall.

The concerts will look back over those 10 years with favorite songs and portions of medleys. All the musicals

ever performed by the chorus will be represented including excerpts from *Kiss Me Kate*, *West Side Story*, *Guys and Dolls*, *Les Miserable*, a George Gershwin medley and the first ABBA *Dancing Queen/Mamma Mia* medley.

"It's been an incredible experience to lead this wonderful chorus over the past 10 years," said Cramer. "There will be no empty seats for this fun-filled retrospective so get your tickets early."

Tickets are available online at www.bigarts.org, by calling 395-0900 or at the BIG ARTS Box Office at 900 Dunlop Road, open Monday through Friday between 9 a.m. and 4 p.m.✪

From page 8

Rotary Happenings

police. I think a little money might have been exchanged, but the reality was, the police needed a ride to the next police stop. This was a method of transport for the police to get around the back country in the Dominican. Cafardo told us he had thousands of stories, but I think he limited them to past history for the reason that current stories are still being played out.

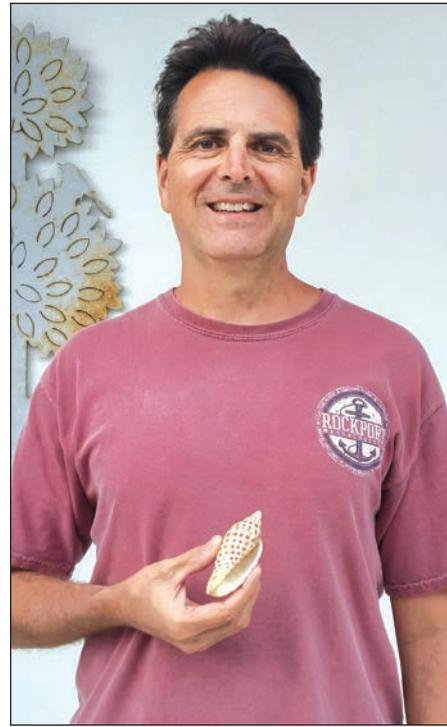
Cafardo told us that pitchers are the superstars of baseball now. Hitters are still the interest of the game but pitchers control the play. Red Sox pitchers Chris Sale, David Price and Rick Porcello will lead the pitching staff, but Price's elbow injury may cause a delay for him joining

the staff at the start of season. The Cleveland Indians have a great pitching staff and will challenge the Red Sox. The Toronto Blue Jays should be good also.

Where does Cafardo think the game of baseball is going with the new rules of 2016, which include instituting the pace of play restrictions, changes to what constitutes a legal slide to second base, eliminating the intentional walk action, collision rule with catchers, instant replay rules, etc? He hates these changes, and players don't like them at all. Baseball is what it is, it has its own flow. You don't have to rush it; just play ball.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✪

Shell Found



Bill Cummins photo provided

Bill Cummins, visiting from Westford, Massachusetts, found a junonia in a foot of water along the shoreline about halfway between Bowman's Beach and Rabbit Road on March 9 while staying at a house on Fish Crow Road.

"I reached down to put my fingers around it expecting it to be an alphabet

(cone), but it was something larger," said Cummins. "I was actually surprised that it seemed so big when feeling it under the sand. And when I scooped it up, there it was. First junonia that I've ever found."✪

Orchid Society To Meet March 20

Dendrobiums for Everyone will be the topic during the Monday, March 20 meeting of the Sanibel-Captiva Orchid Society. The program will be presented by John Romano, an award-winning orchid grower. The meeting this month will take place at 1:30 p.m. at the Sanibel Public Library, located at 770 Dunlop Road.

Orchid novices are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear Bill Overton discuss phalaenopsis. Overton has been growing orchids for over 40 years and is an accredited American Orchid Society judge. He will moderate this season's monthly fundamentals sessions.

Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show and tell. Members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 for singles or \$45 for couples. Guests may attend for \$5.

For more information, visit www.sancaporchid.org.✪

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Local Brewery Captures Awards

Point Ybel Brewing Company won big at the 2017 Best Florida Beer Professional Championship this past weekend.

The local brewery, located at 16120 San Carlos Boulevard in Fort Myers, captured a Gold medal and two Silver medals at the competition in Tampa.

Point Ybel Brewery's Grey Mangrove Smoked Porter, brewed with house-smoked grains from actual Sanibel oak, won a Gold medal in the Smoke/Wood-Aged Beer category. The Beach House Saison grabbed a Silver medal in the Saison category, while the Imperial Jackfruit Sour also gained Silver in American Sour Ale category.

Sanibel residents and owners Walt and Amy Costello couldn't be happier. "It's an honor to bring these medals back to southwest Florida which is the inspiration for all of these beers," said the Costellos.

Two other local breweries gained medals in the professional competition. Momentum Brewhouse, located at 9786 Bonita Beach Rd SE, Bonita Springs, took home two Bronze medals, one for Tricked Out Export Stout in the Stout category and the other for 566 Peated Scotch Ale in the Scotch/Irish Ale category. Fort Myers Brewing Company, located at 12811 Commerce Lakes Drive, suite 27, picked up a Bronze medal for Incognito American-Style Black Ale in the American Amber/Brown Ale category.

Overall, Walking Tree Brewery in Vero Beach captured Best Beer in Florida for



Point Ybel Brewery captured a Gold and two Silver medals in 2017 to add to its medal collection photos provided



Point Ybel representatives, including Amy and Walt Costello (middle), pose for a selfie after the satisfying day in Tampa

Barnacled Manatee as well as Best Small Brewery.

The Best Florida Beer Championships, an AHA and BJCP sanctioned professional beer, mead and cider competition sponsored by Best Florida Beer, focuses on determining the best homebrewed and commercial beers produced and sold in the state of Florida. The goal of the most prestigious professional beer competition is to find Gold medal beers and breweries each year for craft beer enthusiasts from around the state to enjoy.

Point Ybel brewing specializes in using local fruit and ingredients in their beers – most of them beach-themed and tropical. Visit www.PointYbelBrew.com for more information. For more information on Momentum Brewhouse and Fort Myers Brewing Company, visit www.momentumbrewhouse.com and www.fmbrew.com.

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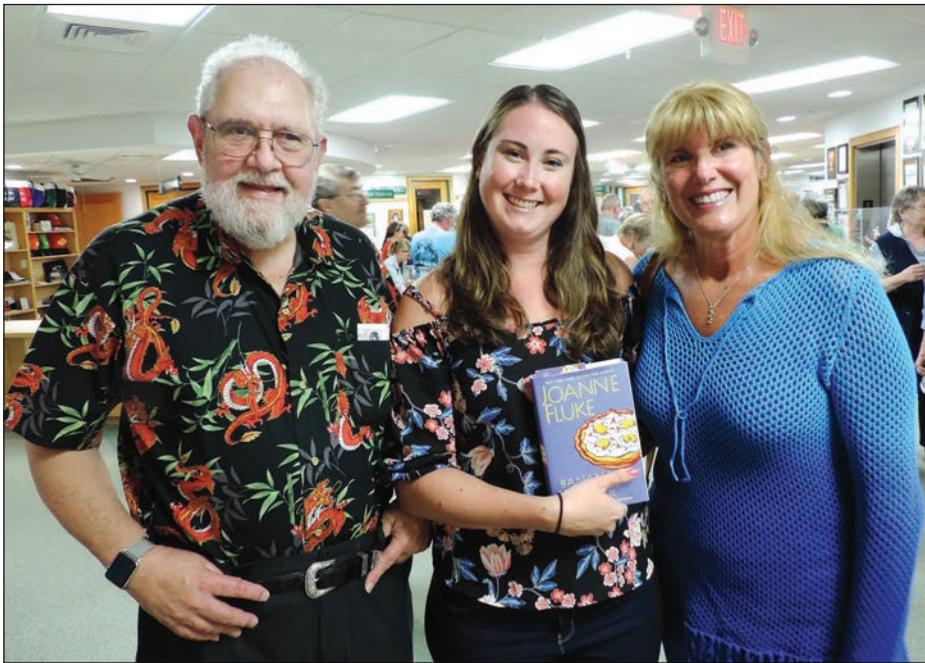
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From left, Joel Ospa, Kate Lyles and Sally Lyles

Author Series Concludes With Mystery Writer

On March 6, the Sanibel Public Library welcomed cozy mystery writer Joanne Fluke as the last speaker in the 2016-17 Author Series. Fluke is *The New York Times* bestselling author of more than 30 novels. She is considered the queen of the culinary

mystery and her Hannah Swensen series has sold more than six million copies. Four Hallmark Channel movies have been created based on her books.

In her lecture, Fluke talked about her writing career. She said she loved writing thrillers but it gave her nightmares. Her agent suggested she work on popular genres, and told her to write mysteries or cookbooks. Fluke combined the two and now more than 20 Hannah Swensen mysteries have been published. Each book is packed with a story and dessert recipes as

photos provided



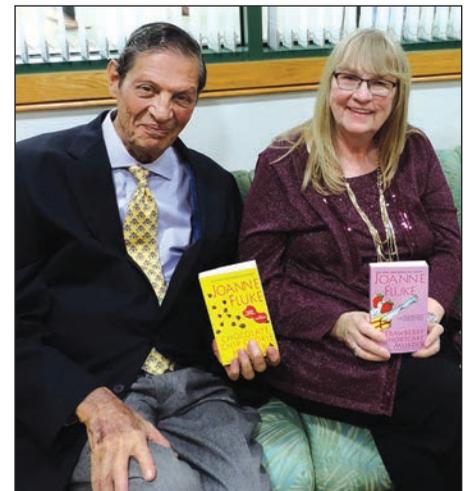
From left, Lynne Stern, Linda Uhler, Robbie Roepstoff and Jerry Stern

Hannah, the small-town baker, solves murders in an otherwise quiet town in Minnesota.

Superfans Kate and Sally Lyles, who have not only read all of the Swensen books but have also baked many of the desserts, were excited to meet the author at the book signing.

The library, partnering with the Sanibel Public Library Foundation, is celebrating nine years of success in bringing award-winning, high caliber authors to the library. Major funding for the Author Series is provided by the Sanibel Public Library Foundation and its donors.

For more information or to make a donation, call 472-2483 or visit www.sanlib.org.



Ken Nirenberg and Joanne Fluke



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Marcy Calkins

photo provided

Fond Farewell

A pallet full of thanks for outgoing Sanibel Captiva Art League President Marcy Calkins. The

San-Cap Art League's board and members give high kudos to "Madame Marcy" for her two-year tenure orchestrating Sanibel artists. Thank you, Madame President!*

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Local Author To Speak At Library

WC Highfield will speak at the Sanibel Public Library, located at 770 Dunlop Road, on Tuesday, March 21 at 2 p.m. The author's recent memoir of his father's World War II experiences, *Liberated*, chronicles the World War II experiences of Lt. Harlan E. Highfield. Highfield has previously written three novels, all set in Southwest Florida.



WC Highfield

photo provided

A World War II memoir of Lt. Harlan E. Highfield, written from his son's perspective, is coupled with autobiographical material. Harlan's training as a P-40 fighter pilot in the U. S. Army Air Corps led to flying combat missions in the North African Campaign. After being shot down in the Tunisian desert, and following his subsequent wounding, Harlan spent over two years as a Prisoner of War in camps in Italy and Germany.

The April 29, 1945 liberation of Stalag VII-A by General Patton's 14th Armored Division allowed Harlan to return to civilian life where he was successful as an educator, administrator, coach, husband and father.

This is one person's story that serves as an example of the many sacrifices made by millions during World War II.

For more information, call the Sanibel Public Library at 472-2483.*

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Rick Goodrich with some of his beer tap handles

photo provided

Programs At The Sanibel Library

The Sanibel Public Library's upcoming programs can be found on the library's website calendar at www.sanlib.org. Hop over to the library this month to see more than 300 beer tap handles, pilsners and brewery ephemera on loan from Rick Goodrich.

On Friday, March 17 at 10 a.m., Duane Shaffer will review the invention of tanks and their impact on World War I.

WC Highfield will be doing a presentation and signing of his new book, *Liberated: A World War II Memorial of*

Lt. Harlan E. Highfield, starting at 2 p.m. on March 21. The book presents a factual timeline of Highfield's father, a P-40 fighter pilot in the U.S. Army Air Corps. After being shot down in the Tunisian desert, Harlan spent more than two years as a P.O.W. in Italy and Germany.

Licensed insurance professional Anthony Idaspe of Informed Choice will present a program about Medicare choices at 10 a.m. on March 22. This event is for educational purposes only, presenter is not connected with the Federal Medicare program. RSVP to Informed Choice at 208-7090. Informed Choice will repeat this program at the library at 10 a.m. on April 22.

Just as pearls are protected by strong exterior shells to preserve their beauty, we too must build and maintain our protective shell to preserve our health. Brandon Greiner, RN, BSN of Dial-A-Nurse will review health topics at 2 p.m. on March 23. He will talk about blood pressure, blood glucose, body fat, nutrition, exercise, flexibility and coping with stress at the library during this Health Fair.

Holocaust survivor Irene Skolnick was born in the southeastern Polish city of Przemyl to a prominent Orthodox Jewish family. She was just 2 years old when Hitler invaded Poland. Irene will speak at the library at 2 p.m. on Friday, March 24 about her harrowing tale of surviving Nazi-occupied Europe.

Safeguarding your computer against viruses and malware is only part of internet safety. Learning what not to post, what is safe to look at and how to present yourself while interacting with your internet community could impact your personal safety. This presentation by the Lee County Sheriff's Office at 2 p.m. on Monday, March 27 is designed to teach you how to use technology in a manner that protects you and your assets.

At 2 p.m. on March 29, Rob Shewfelt will talk about processed food and why "it's not as bad as you think." Shewfelt is professor emeritus of food science and technology at the University of Georgia. He was part of an interdisciplinary research team that introduced the systems approach to postharvest handling of fruits and vegetables.

Join poets at Poetry Fest as they read some of their latest works on Monday,

April 3 at 3:30 p.m. at the library.

The public is invited to these programs. There is no registration required and no cost to participate. For more information, call 472-2483 or visit www.sanlib.org.*

Family Classic Coming To The Stage

The Creative Theater Workshop on Sanibel is bringing Mowgli, King Louie and the rest of the *Jungle Book* gang to the stage at The Community House beginning Friday, March 17. With colorful characters and toe-tapping rhythm, *The Jungle Book* is sure to be a crowd-pleaser for audiences of all ages.

Tickets are available online beginning Friday, March 17 at www.ctw.life or at The Community House. They can also be purchased at the door the day of the show starting one hour before curtain. Tickets online are \$5 for children 12 and under and \$10 for adults; at the door, tickets are \$10 for children 12 and under and \$15 for adults.

Performances will be held on March 31 at 7 p.m., April 2 at 1 and 3 p.m., April 6 at 7 p.m. and April 7 at 7 p.m.

A Broadway Revue & Talent Extravaganza, offered by donation at the door, will be staged on Saturday, April 8 at 7 p.m.

The Community House is located at 2173 Periwinkle Way. For more information, call 472-2155.*

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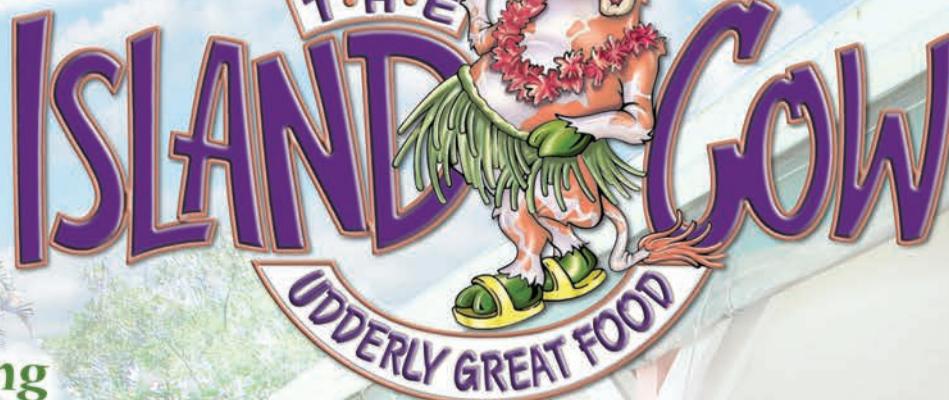
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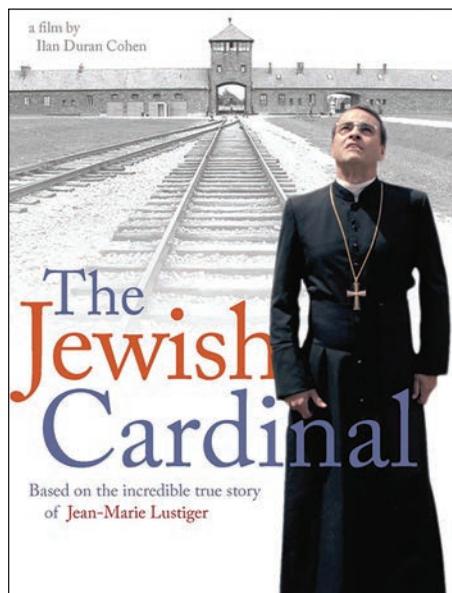
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BIG ARTS Documentary Series

The Jewish Cardinal

by Di Saggau

On Wednesday, March 22 at 12:30 p.m. the Island Cinema will show the final film in BIG ARTS Critically Acclaimed Documentary Series. *The Jewish Cardinal* tells the amazing true story of Jean-Marie Lustiger, the son of Polish-Jewish immigrants, who maintained his cultural identity as a Jew even after converting to Catholicism at a young

age, and later joining the priesthood. Quickly rising within the ranks of the Church, Lustiger was appointed Archbishop of Paris by Pope Jean Paul II, and found a new platform to celebrate his dual identity as a Catholic Jew. This earned him both friends and enemies from either group.

The specter of Auschwitz hovers over the film. The subject comes up early in a fight between Jean-Marie and his father, who can't reconcile himself to his son's faith. Jean-Marie visits the camp but finds he can recite neither the Lord's Prayer nor Kaddish – the Jewish prayer for the dead – for his mother.

Later, when Carmelite nuns establish a convent at Auschwitz, it becomes a problem between Jean-Marie and the man who has been his ally and patron, a folksy John Paul II who scoots down the Vatican's halls in white sneakers. The movie keeps a steady focus on the way Jean-Marie insists on being both Jew and Catholic, and it holds your interest. The film runs one hour, 36 minutes.

Tickets are \$5 for members of BIG ARTS and \$6 for non-members. Tickets are available at BIG ARTS and the day of the film at the cinema located in Bailey's Shopping Center. Following the film, a discussion will take place at Island Cinema. Rabbi James Rudin, when he was the American Jewish Committee's Interreligious Affairs Director, personally knew and worked with Cardinal Jean-Marie Lustiger. He will lead the discussion.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

In The Land Of Gods

by Tanya Hochschild

Inspired by the myth of Apollo and Daphne
 Soon after Eden's dawn, in the oldest part of the world,
 serpents soared beneath canopies of trees,
 through forested slopes yet unnamed.
 Capricious gods played with people's lives,
 created myths.
 Eros's gold-tipped arrow
 pierced Apollo's heart,
 the damage done
 he fell in love with Daphne, the first nymph he saw.
 She suffered an iron-tipped arrow,
 Eros's guile – to repulse Apollo.
 He pursued her.
 She frantic, appealed to her father,
 who turned her into a laurel tree.

As her fingers turned to leaves Apollo loosened his grip.

Bernini captured the moment in marble.

A maiden living in the landscape,
 her heart estranged from love,
 caged within for her own protection.
 Hidden from life, shielded for the long
 everafter.

Through her veins the tree sap flowed,
 moistened the desert of her heart,
 its encircling ringbark, healing chains.
 The heartwood claimed the poison dart.

Now healed, Daphne,
 yearned to move
 from limbo into life.

A thousand moon cycles
 drew her to an African light,
 where the gift of a fierce storm
 brought down a wattle tree.

A sculptress came upon a fallen branch,
 knew at once a glorious girlchild lay
 within.

She chipped away with gouge, chisel
 and mallet.

From her work a young maiden
 appeared,

budding breasts, nimble legs,
 no longer rooted to the tree.

Released at last from an alien yet
 kindred home,

Daphne blossoms in the sun
 while doves coo around her head.

*Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.**

BIG ARTS Corner

BIG ARTS
Workshops

Unleash your creativity, expand your horizons and meet terrific people this season at BIG ARTS on Sanibel.

For more information, visit www.BIGARTS.org or call the Marks Box Office at 395-0900.

Workshops and classes which will be held during the month of March include:

- Bamboo Pen & Ink with Basic Drawing and Art Journaling by Linda Benson, Fridays, 10 a.m. to noon, through March 24.
- Oil Painting: Make It and Take It by Linda Benson, Fridays, 2 to 4 p.m., through March 24.
- Open Studio, clothed model by Eleanor Gause, Tuesday, 9 a.m. to 2:30 p.m., March 21 and 28.
- Instructed Life Drawing by Francesco Gillia, Mondays, 9:30 a.m. to noon, through March 27.
- Constructing the Human Figure in Simple Forms by Francesco Gillia, Mondays, 1 p.m. to 3:30 p.m., through March 27.
- Acrylics for Beginner and Intermediate Painters by Jane Hudson, Fridays, 9:15 to 11:45 a.m., through March 24.
- Glass Fusing by Petra Kaiser, Wednesdays, 9:30 a.m. to 12:30 p.m., through March 22, Thursdays, 9:30 a.m. to 12:30 p.m., through March 23.
- Portrait Drawing/Painting by Mary Klunk, Mondays, 9:30 a.m. to noon, through March 27.
- Acrylic Painting, Still Life by Barbara Lipman, Tuesdays 10 a.m. to noon, through April 11.
- Cyanotype Process: Sun Printing on Paper and Fabric by Sue Lynch, Thursdays, 9 a.m. to noon, March 23.
- Pouring Textures with Watercolors by Bea Pappas, Tuesdays, 9:30 a.m. to 4 p.m., through March 28.
- Printing with Gelli Products by Bea Pappas, Wednesdays, 9:30 a.m. to 4 p.m., through March 22.
- Experimental Master Class by Bea Pappas, Thursdays, 9:30 a.m. to 4 p.m., through March 23.
- Decorative Painting, non-instructed open studio by Sally Parson, Wednesdays, 9 a.m. to noon, through March 29.
- Life Drawing, non-instructed open studio by Carol Rosenberg, Fridays, 9:30 a.m. to noon, through March 24 and Fridays, 12:15 p.m. to 2:45 p.m., through March 24.
- Creating Collages by Jane Runyeon, Thursdays and Fridays, 1:30 to 5 p.m., March 23, 24, 30 and 31.
- Clay, Sculpting, Ceramics & Pottery on the Wheel by Marjorie Bronsted, Wednesdays, 3:30 to 6 p.m., March 29 through May 3.
- Pottery Open Studio, non-instructed by Jerry Edelman, Mondays, 9 a.m. to noon; 1 to 4 p.m., through March 27.
- Pottery on the Wheel by Kelly Flaherty, Tuesdays, 6:30 to 9 p.m., through April 11.

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BIG ARTS Monday Night Film Series

A Man Called Ove

by Di Saggau

The BIG ARTS
Monday
Night Movie

for March 20 is *A Man Called Ove*, a Swedish film based upon Fredrik Backman's bestselling novel. It's a heartwarming tale about a stubborn, short-tempered man with steadfast beliefs, strict routines and the feeling that everyone around him is an idiot, and he doesn't mind telling them so. The film's director, Hannes Holm, manages to fuse melodrama with dark comedy and he makes it work.

The funny bits take place in the present day as the bald, paunchy Ove (Rolf Lassgard) contemplates suicide. He is mourning the recent death of his adored wife Sonja, and intends to join her in the cemetery as soon as possible. The problem is, every time he tries to kill himself, something goes wrong. Friendless and jobless, Ove spends his days enforcing his neighborhood association's pedantic rules which means he yells at dog owners, hisses at stray cats and leaves rude notes on badly parked cars.

More often than not, he's interrupted by the family that just moved in across the way. Parvaneh (Bahar Pars) is an Iranian immigrant and pregnant mother



of two. She is impervious to Ove's put-downs. Soon, the two of them start an unlikely friendship, as he teaches her how to drive while hilariously schooling her on the superiority of Saabs over Volvos. The film makes it clear that being needed is an essential human desire and life is so much sweeter when shared with others.

The action unfolds in both the present and in the past. The knowledge the audiences are given in the flashbacks allows them to reassess the

protagonist, thus supporting the film's underlying theme about the unreliability of first impressions. There is heroism and genuine goodness lying beneath Ove's prickly exterior. Ove used to be the chairman of the residents' association until he was voted out, something that he considers a betrayal and still can't forgive.

A Man Called Ove is a touching, comic crowdpleaser. It runs 116 minutes. Moderator for the evening is Nancy Carlile.

An Evening Of Arias And Songs

Opera Theater of Connecticut (OTC) will present an evening of excerpts from favorite French operas as well as works by Offenbach, Delibes, Thomas and others at the Sanibel Music Festival at Sanibel Congregational United Church on Saturday, March 25 at 8 p.m.

French opera is second only to Italian opera in the length, breadth and diversity of its history. Yet many think of only a handful of titles – *Carmen*, *Faust*, *Pelleas et Melisande*, *Samson et Dalila*. It began in the 17th century and is still very much alive. It includes everything from grand opera to operetta to comic opera. The evening's program will be sung by six young professional opera singers including baritone John Dooley, sopranos

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the *Island Sun*.

BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.*

Shannon Kessler Dooley and Rachel Policar, mezzo-soprano Evanna Lai, tenor Matt Morgan, bass Andrew Potter, accompanied by music director Robert Ashens. Artistic director Alan Mann will supplement each segment with supertitles and commentary. OTC, the oldest opera company in Connecticut, was founded in 1986. It has broad educational outreach programs and brings affordable arts to an underserved area. The performance is sponsored by the Estate of Christine Johnson and Friends of Opera.

Tickets may be purchased for \$45 each online at www.sanibelmusicfestival.org or by calling 344-7025. Tickets may also be purchased by cash or check only at Bank of the Islands, 1699 Periwinkle Way, and Sanibel Captiva Community Bank, 2477 Library Way on Sanibel.

Sanibel Congregational United Church is located at 2050 Periwinkle Way.*

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School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I thought your article last week about the benefits of reading with your child was good. I learned a lot. We frequently read e-books at my

home with our preschool kids. Are the benefits the same or should I just read paper books?

Lee S., Fort Myers

Lee,

I'm glad to hear that you read with your children. I can't stress enough how important it is to read with them. Your question about the about the benefits of reading to your children with e-books is excellent.

Jamie Zibulsky, PhD, an associate professor of psychology at Fairleigh Dickinson University, recently summarized the research from the Review of Educational Research that examined the effects of technology on the reading development of preschool

and elementary school children. Here are the highlights from her review.

The researchers examined findings across 43 studies and more than 2,000 children. Their goal was to examine how reading the same story in two formats, technology-enhanced vs. traditional print, affected skill development. Here are the conclusions from the study:

"Technology-enhanced storybooks tend to include both multimedia features such as animated illustrations, music and sound effects and interactive features such as hotspots that children can click to access games, questions, dictionaries and videos. Across studies, the authors found that multimedia features helped children better comprehend stories and words, but that interactive features distracted them from listening to the story.

Exposure to technology-enhanced storybooks leads to greater benefits, but also greater problems, for children from a variety of disadvantaged backgrounds. Children from low SES backgrounds and/or from immigrant, bilingual families benefited most from the multimedia features of technology-enhanced storybooks, likely because the additional information presented nonverbally helped enhance their

background knowledge, and thus, comprehension of the story. But interactive features distracted them somewhat more than their more advantaged peers."

Technology-enhanced storybooks seem most likely to help children develop story comprehension and expressive language skills, skills that can be built through conversation and listening to stories. However, these books did no better job than traditional books at helping children develop early literacy skills like phonemic awareness or letter and word recognition that are critical abilities for learning to read.

Given this research here are some guidelines on how to responsibly use technology to build literacy skills.

For now, assume that technology-enhanced stories are most effective at strengthening story comprehension skills, rather than those skills that require kids to focus their attention on the words on the page.

Stick to technology tools that include simpler multimedia features, rather than those with many interactive features that can distract your child from the main point of the story.

Supervise technology time, so that you can help your child learn how to use those features wisely and when to ignore them. Having a good sense of what he or she is reading about

electronically will also allow you to ask follow-up questions and help clarify points that confused him or her.

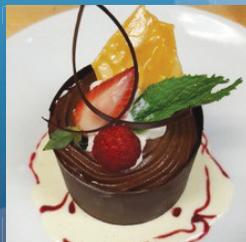
Think about your child's individual needs, interests, and background when making decisions about the best way to strengthen his or her literacy skills. Stay present with your child and the book experience. It's tempting to let the device do the work read the story, play a game and interact with your child. But there's no substitute for quality parent-child conversation. Keep talking, commenting on interesting words and ideas, and sharing your love of literacy with your child.

Remember that technology can be helpful as a supplement to the language and literacy activities you already engage in with your child, and harmful as a replacement for the language and literacy activities you already engage in with your child.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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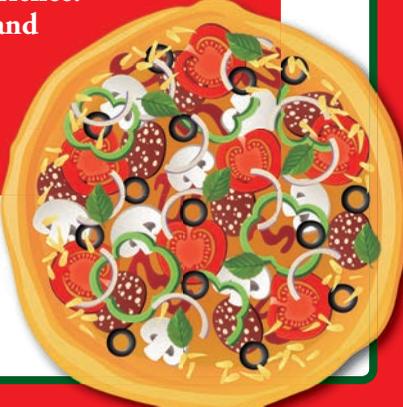
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Workshops

- Clay 101/ 201 by David Hoggatt, Tuesdays, 9 a.m. to noon, through March 30.
- Adult Tap Workout by Bobby Logue, Tuesdays, noon to 1:30 p.m., March 21.
- Intermediate Tap by Bobby Logue, Fridays, 9 a.m. to 10:30 a.m., March 24 and 31 (no class March 17).
- Beginner's Tap by Bobby Logue, Fridays, 10:45 to 11:45 a.m., March 24.
- Chorus Rehearsals by Steve Cramer, Tuesdays, 6:30 to 8:30 p.m., through March 28.
- Voice Lessons, half-hour private by Lynn Martindale, Saturdays by appointment, through April 15.
- Using Self-Hypnosis for Sleep by William Morrow, Mondays 9:30 to 11 a.m., through March 20.
- The iCreate Series by Gerard Damiano:
 - iCreate Lesson 4: Video, Wednesday, 9

a.m. to noon, March 22.

iCreate Lesson 5: Sharing Your Work, Wednesday, 9 a.m. to noon, March 29.

- The iPhone Series by Gerard Damiano:
 - iPhone Essentials, Thursday, 9 a.m. to noon, March 23.
 - The iPad Series by Gerard Damiano:
 - iPad Essentials, Thursday 2 to 5 p.m., March 23.
 - Individual Classes by Gerard Damiano:
 - Phone Photography by Herbert Sklar, Wednesdays, 9 to 10:30 a.m., through March 22.
 - Adobe Lightroom, Intermediate/Advanced by Denny Souers, Mondays, 1 to 4 p.m., through March 27.
- Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit their website www.bigarts.org/workshops, or email info@bigarts.org. ✨

Book Review

Explorer's Guide

by Di Saggau



There's nothing like experiencing Florida's gorgeous Gulf Coast, and Sanibel author Chelle Koster Walton has put together a beautiful, comprehensive *Sarasota, Sanibel*

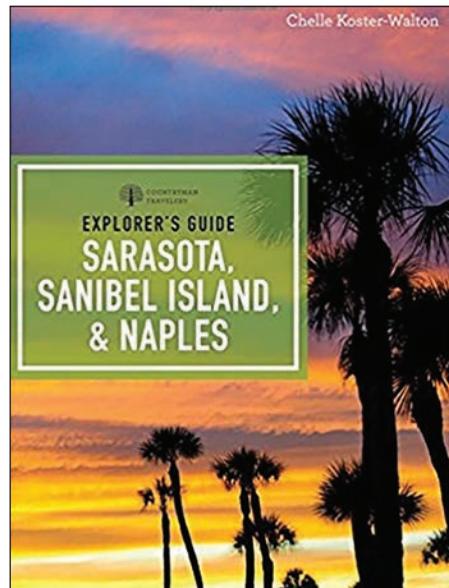
Island & Naples Explorer's Guide that allows the reader to discover what is available in each area. She includes maps and "Must See" sections and gives advice on what to wear, where to shop, along with a listing of popular restaurants.

There is also a great deal of history included in her book. From Ten Thousand Islands to Naples and the world-famous Everglades, this newly updated and redesigned *Explorer's Guide* has you covered for every area of your destination to enjoy the beach and a whole lot more.

I asked Walton what her guide offers that others do not. She replied, "This is the only exclusively regional book about this area, and the only print, general-audience guidebook written by a local. So readers get my uncensored curated listing of the area's best. It's more of a locals, snowbirds and armchair travelers guide than it is something for the weekend casual visitor. My 'things' are food and culture, so it is heavy on both."

Walton has been writing guides since 1992 and this is the seventh edition. She updates every three or four years and each update takes at least six months because she has to try to visit every attraction, hotel, restaurant, beach, park, et cetera she can. New in this edition is the "Must See" sections for our area include Edison & Ford Winter Estates, Imaginarium Science Center, Cabbage Key Inn, Bailey-Matthews National Shell Museum, and Lover's Key State Park. If you are interested in live theater, it's all listed in each geographic location.

In Walton's "High Fives" section of



the book you'll discover her top picks in a number of offbeat categories. This includes Family-Loving Resorts, City-Smart Hotels, Inns & B & Bs, Splurge Accommodations, Martini Meccas, Tables With a Water View, Seafood Noshing, Romantic Restaurants, Creative Cuisine, Bikeways, Take a Hike, Shell-Shocked Beaches, Secluded Beaches, Festivals, Art Appreciation and much more.

I asked Chelle if she learned anything new about the area during her research. She said, "I am always learning new things about this area, even Sanibel, where I've lived since 1981. I had not been to downtown Bradenton Beach for a couple of years, and was delighted to find how friendly it has become with its cool Riverwalk, performing arts hall, and new restaurants. Craft breweries have become big, so it was fun sampling them. Something very exciting in Punta Gorda is a forthcoming riverside botanical and sculptures garden that I got to sneak preview. The Peace River Botanical and Sculpture Gardens is expected to open by the end of this year."

Sarasota, Sanibel Island & Naples Explorer's Guide is available at MacIntosh books, "Ding" Darling Nature Store, Barnes & Noble and online. ✨

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Documentary Screening



A scene from *Dispatches from the Gulf*

photo provided

The Sanibel-Captiva Conservation Foundation (SCCF) is showing the documentary on Deepwater Horizon, titled *Dispatches from the Gulf*, at The Community House on Thursday, March 23. Doors open at 6:30 p.m. and the program begins at 7 p.m. There is no charge to attend.

The screening will be followed by brief presentations and a panel discussion about the findings and current research in the gulf related to Deepwater Horizon. Panelists are Dr. Michael Parsons, professor at Florida Gulf Coast University; and Dr. Marie DeLorenzo, research toxicologist for NOAA in Charleston, South Carolina.

Narrated by Matt Damon, *Dispatches from the Gulf* is a one-hour documentary
continued on page 22B

Zany Musical Comedy Coming To Strauss Theater

BIG ARTS will present its own take on the prolific Off-Broadway classic *Nunsense*. The play opened Thursday, March 16 and continues through Saturday, April 15 at the Herb Strauss Theater.

The original production of *Nunsense*, directed by Dan Goggin, opened December 12, 1985 at the Off-Broadway Cherry Lane Theatre before moving to the Douglas Fairbanks Theater for the majority of its 10-year run due to high demand. In total, there were 3,672 performances, becoming the second-longest running Off-Broadway show in history. *Nunsense* became an international phenomenon, translated into at least 26 different languages with more than 8,000 productions worldwide and grossing over \$500 million. The production has been graced by the presence of more than a dozen Off-Broadway legends such as Edie Adams, Maxine Audley, Kaye Ballard, Honor



Blackman, Pat Carroll, Peggy Cass, Phyllis Diller, Sally Struthers, Louise Gold and JoAnne Worley.

Goggin proceeded to adapt both *Nunsense* and *Nunsense 2* for television with Rue McClanahan as the Mother Superior. Starring alongside her were Terri White, Semina DeLaurentis, Christine Anderson and Christine Toy. Celebrating the height of its influence and popularity, February 12 was

continued on page 2B

Holocaust Survivor Shares His Story

by Jeff Lysiak

Last week at The Sanibel School, a group of about 40 eighth graders at The Sanibel School heard an informative and moving lecture presented by Steen Metz, a part-time island resident who delivers talks about his experiences as a youngster in a Czechoslovakian concentration camp during World War II.

"It took me many years before I could tell others what I experienced in the concentration camp at Theresienstadt. It's now my life's work to tell my story," Metz told the eighth graders from Alicia Base and Paula Bolardo's classes. "I believe that when you hear a Holocaust survivor speak and share their experiences, you become a witness to that event as well."

According to Metz, he was a happy 8-year-old boy growing up in Odense, Denmark. On April 4, 1940, the German Reich invaded his home country as Adolf Hitler continued his campaign of fear and terror across Europe. In late 1943, Metz and his parents were arrested by Nazi soldiers and deported to



Teacher Alicia Base introducing Steen Metz to her students

photo by Jeff Lysiak

the Theresienstadt concentration camp.

"What words would you use to describe Hitler?" Metz asked the students. "Cruel. Controlling. Prejudiced. I can think of a few more words, but I won't share those with you," Metz added.

Metz's family, along with hundreds of other Jewish residents from

Denmark, were shipped in box cars to Czechoslovakia. He recalled the journey, which took approximately 80 hours in the windowless rail car. "There was no light, it was very dirty, and they gave us no food or water. We were packed like sardines... you had to alternate between sitting and standing," he said. "I was 8 years old... I was frightened. I didn't



Steen Metz when he was an 8-year-old in Denmark
photo courtesy Steen Metz

know what was going on or why this was happening to us."

During his hour-long lecture, which was followed by a question-and-answer session, Metz detailed some of the horrors he and his family witness while living as prisoners at the camp. His

continued on page 2B

From page 1B

Strauss Theater

declared National Nunsense Day.

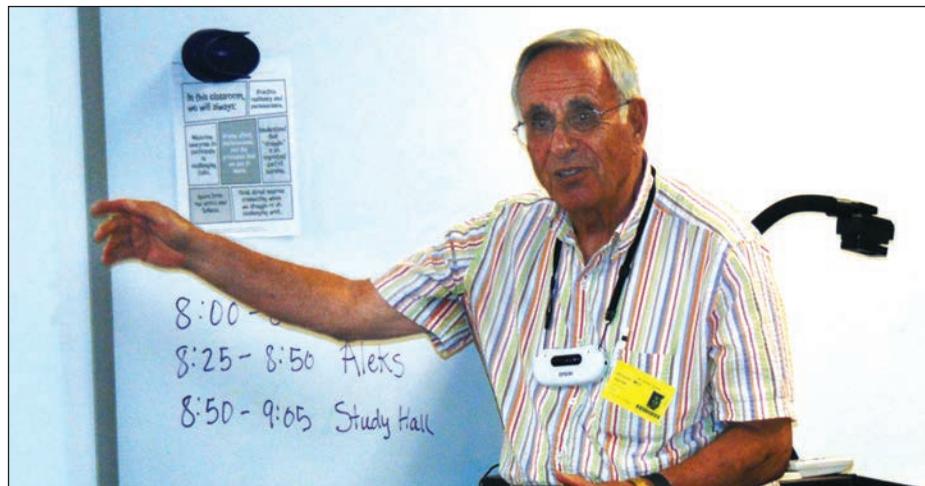
Nunsense is the story of five of the 19 surviving Little Sisters of Hoboken, a one-time missionary order that ran a leper colony on an island south of France. The sisters discover that their cook, Sister Julia, Child of God, accidentally killed the other 52 residents of the convent with her tainted vichyssoise while they were playing bingo with a group of Maryknolls – another Roman Catholic division of missionaries.

Upon discovering the disaster, Mother Superior has a vision in which she was told to start a greeting card company to raise funds for the burials. The greeting cards were an enormous success and, thinking there was plenty of money, the Reverend Mother bought a VCR and camcorder for the convent, leaving her with no money to pay for the last four burials. With the deceased nuns on ice in the deep freeze, they decide to start a variety show in the Mount St. Helen's School auditorium to raise the necessary amount.

The show is presented as "on the nose," meaning that Mother Superior's production unfolds before your eyes as it would for the audiences in the fictional production. Encouraging crowd reactions and participation, each sister presents her own act in a series of comedic, wacky smaller acts.

For tickets, visit www.bigarts.org or call 395-0900.

The BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way.✱



Holocaust survivor Steen Metz speaking with eighth grade students at The Sanibel School

photo by Jeff Lysick

From page 1B

Holocaust Survivor

father, who served as a slave laborer, died of starvation after less than six months in the camp. He and his mother spent a year and a half – which he described as "18 months of hell" – at the camp before being liberated on April 15, 1945 by the International Red Cross... just one month prior to the scheduled launch of the camp's newly installed gas chamber.

"Some 15,000 children passed through Theresienstadt. I am one of fewer than 1,500 who survived," he explained.

Life inside the camp was miserable. For breakfast, Metz said that his meals usually consisted of brown bread and coffee substitute. A typical lunch consisted of potato soup, a weak broth containing potato peels. For dinner, soup and or plain pasta was served.

Metz made friends with some of the Czech children also held at the camp. For recreation, they played soccer using a ball made from rags and worn-out clothing. He recalled one day that he went outside to play with some of the boys, only to find that they were no longer at the camp. His mother did not want to tell him that his friends had been collected and shipped to an extermination camp at Auschwitz.

Following the liberation, he and his mother returned to Denmark. They spoke very little about their experiences as prisoners at the concentration camp over the years. After completing his education, Metz worked in the food industry in Denmark, which later took him to England and Canada. He met his wife, Eileen, while living in Toronto, and the couple moved to the United States in 1962. Metz retired in 1999.

Over the past five years, Metz estimates that he has spoken to more than 40,000 people – mostly students at middle and high schools, colleges and universities. He also delivers his lectures at public libraries, senior centers and other civic organizations.

"I cannot understand how some people can deny that the Holocaust happened," he added. "Is it a crime to be Jewish? Is it a crime to be a Lutheran? Is it a crime to be a Catholic? Of course not. But in Hitler's mind, it was a crime."

In 2011, Metz published a book about his experiences entitled *A Danish Boy in Theresienstadt: Reflections of a Holocaust Survivor*. Currently, the 81-year-old is a member of the speaker's bureau at the Illinois Holocaust Museum & Education Center and represents the Holocaust Museum & Education Center of Southwest Florida in Naples.✱

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From left, Jim, Dave and John Jensen raise a toast with SCCF's Jeff Siwicke, Jenny Evans and their son, Cassidy photo provided

Entertainment Co-Sponsors For Beer In The Bushes

Jensen's Twin Palm Resort and Marina is once again underwriting the music for the 6th annual Beer in the Bushes fundraiser. They are joined by Kingfisher Vacations and Doc Ford's Rum Bar and Grille, who have signed on as band co-sponsors to bring this year's musical talent to Sanibel. The Saturday, April 15 event benefits the Sanibel-Captiva Conservation Foundation (SCCF).

"To say our family is proud to support SCCF would be an understatement," said Jim Jensen on behalf of his brothers, John and Dave. "It's clear to us that SCCF, along with their marine lab, play a huge role in providing the public and our elected officials understandable facts about water conditions in Southwest Florida and work hard to offer clean water solutions."

The headliner this year will be G. Love and Special Sauce. Pioneering Philadelphia's hip-hop blues sound, the band has a nationwide following

with their unique and laid back music encompassing classic R&B sounds.

"We couldn't believe SCCF could sign G. Love to perform here on Sanibel. We have traveled a few times just to catch his concerts in other cities," said Jeff and Phaidra McDermott of Kingfisher Vacations. "We are thrilled to be joining Jensen's Marina and Doc Ford's as the band co-sponsors."

The outdoor rain or shine event is set for Saturday, April 15 from 6 to 10 p.m. Local microbreweries will be offering tastings of their finest craft beers. Sanibel's Catering by Leslie Adams will coordinate local food truck offerings to complement the beer tastings. All tickets include \$10 in TruxBux, redeemable for dinner choices from any of the trucks. Beer in the Bushes will be held at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road.

Proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Tickets are \$70 each and must be purchased in advance online at www.sccfbeer.eventbrite.com.



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Zonta Supporters Take 16th Peek At The Unique Tour



One of the homes featured during last weekend's Peek at the Unique Tour, held by the Zonta Club of Sanibel-Captiva, was constructed by Dan Hahn Custom Builders with interior design by Marya Teets
photos by Jeff Lysiak



Guests tour the interior living room and kitchen areas of Sorridi, the home designed by Sanibel builder Kirchner Contracting



Ross and Marion Hauser stand next to their 82-foot-pool, which is encircled by Italian travertine and lush landscaping



The exterior of Sorridi, the Mediterranean/Modern home located mid-island



FISH of SanCap volunteers Maggie and Linda Scherer, collected canned goods from participants



Wendy West standing on the rear lanai of her "free house" adjacent to Dinkins Bayou



The staircase located within the circular turret of a home built in 2015

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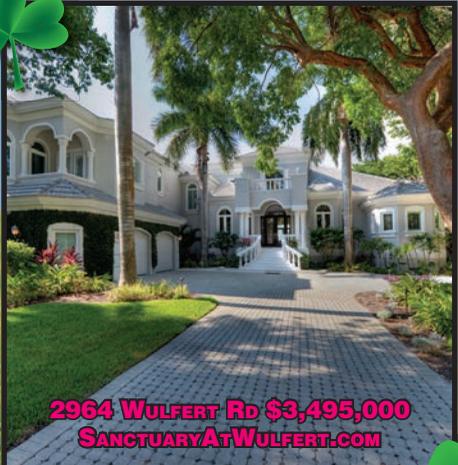
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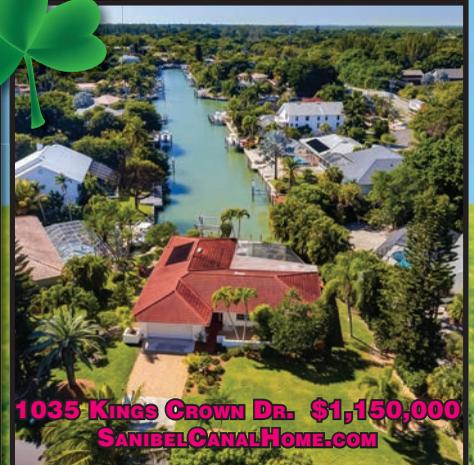
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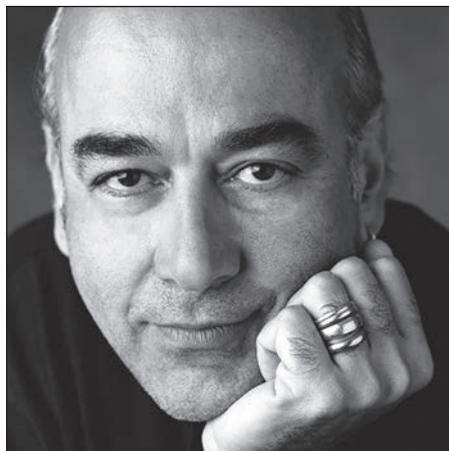
Reception And Open House With The Designer

Gurhan brilliantly handcrafts designs wrought from pure 24-karat gold and each piece of jewelry bears signs of his craftsmanship. The distinguished designer will be a special guest at Lily & Co. Jewelers Friday through Sunday, March 24 to 26. There will be a cocktail reception from 5 to 9 p.m. on Friday, March 24.

"The evening is a wonderful chance to be introduced to Gurhan and his exceptional work," said Lily & Co. owners Dan Schuyler and Karen Bell. "We are delighted to have him visit us; he is a wonderful, personable man with a true gift for designing pure gold jewelry."

It was in the early 1990s when Gurhan was handed a sheet of pure 24-karat gold during a casual trip to Istanbul. He was immediately drawn to its warmth and sensuality. After locking himself in his Grand Bazaar workshop for nearly four years, Gurhan emerged with his first fine jewelry pieces using the unique material.

Before him, pure gold jewelry had not been made since ancient times, which led



Gurhan photo provided

him to reject modern techniques and study those used by ancient goldsmiths. Gurhan reincarnated the ancients, bringing their craft into today's modern world.

Twenty years after discovering pure gold, Gurhan continues to deny traditional jewelry design boundaries and evolve with his three different lines created from three different metals. He has become a leader in both the fine jewelry and fashion worlds.

Lily & Co. Jewelers is located at 520 Tarpon Bay Road across from Bailey's General Store. For more information, call 472-2888.*

Rec Center Director Addresses Club



Andrea Miller, right, speaking to the San-Cap Lions Club on March 8

photos provided

At a recent Sanibel-Captiva Lions Club meeting, Andrea Miller, recreation director for the City of Sanibel, gave an overview of the recreation department which includes the Sanibel Recreation Center, the Center 4 Life and ball fields.

The recreation center will be celebrating its 10-year anniversary on December 1, 2017, and Miller showed photographs of the facility both now and then. Everyone's interest was piqued as she discussed how the recreation department can help you stay "Fit 4 Life" by maintaining a balance of three aspects of health - physical, social and mental. For the physical aspect, the wide variety of physical activities include land and water fitness classes, cardio and weight equipment, tennis and pickleball, basketball, softball, swimming, tai chi and health screenings.

The social aspect is another favorite. Areas of interest are various volunteer opportunities and the community and special events. The mental aspect includes community classes on CPR/AED and first aid, water safety, nutrition, smoking cessation and dealing with memory and aging issues.

Miller also pointed out the various programs at the Center 4 Life.*

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Foundation Reports Nonprofit Grant Outcomes

Eighteen local nonprofits that were granted \$551,500 in 2016 from the Southwest Florida Community Foundation's available Field of Interest funds as well as individual and corporate donations have reported their annual outcomes.

The established and new programs funded by last year's grants were designed to increase the quality of life in sustainable and equitable ways for Southwest Floridians.

The nonprofits included Alzheimer's

Disease and Related Disorders Association – Florida Gulf Coast Chapter, Champions for Learning, Charlotte County Homeless Coalition Inc., Clinic for the Rehabilitation of Wildlife, Inc. (CROW), Family Initiative Incorporated, Glades County Board of County Commissioners, Goodwill Industries of Southwest Florida, Inc., Gulf Coast Symphony, Gulfshore Opera, Hendry County Library System, I Will Mentorship Foundation, Lee County Alliance for the Arts, Naples Botanical Garden, New Mission Systems International, RCMA, The Heights Center, The Immokalee Foundation and Gulf Coast Humane Society.

Of the funded reporting nonprofits,

nearly 90 percent of the Tribe programs demonstrated progress toward the changes nonprofits desired in the region because of their program.

The increase in the amount of collaboration between foundation-funded nonprofits is 650 percent resulting in 13 collaborative projects between the nonprofit grantees. Examples of these collaborations include Gulf Coast Symphony and the Heights Center's MusicWorks! program for the after-school children along with Family Initiative and the Alliance for the Arts' Art for Autism program.

In Lee County, Gulf Coast Symphony's free Music Works! program at The Heights Center provides an innovative education and social initiative

that creates opportunities for personal development in children (grades K-2) through the study of music.

Foundation-funded nonprofits saw an increase from 22.5 to 28.9 percent in knowledge and ability in evaluation skills such as data collection, analysis and reporting.

"Awarding the funding was just the beginning of our partnership with the regional mix of nonprofits," said Sarah Owen, president and CEO of the community foundation. "Staying connected with them all year through their 'tribes' provided a learning community where they shared information and built their capacity to strengthen them and their leadership."

Learn more about the results of the work of the Southwest Florida Community Foundation Tribes through the video featuring the Tribes at www.floridacommunity.com/tribes/.

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit www.floridacommunity.com.✪

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Club Accepting Scholarship Applications

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2017-18 school year.

Scholarships of \$3,000 per year, over a period of four years, will be awarded. Several one-year scholarships in varying amounts are also available.

Eligible applicants must be Sanibel or Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 31. They can be obtained by directly accessing the Kiwanis website at www.SanibelKiwanis.org or by contacting any of the following: Loretta Kupper (579-0660 or loretta@sanibelinsurance.com), Bill Traum (561-2900 or billtraum@me.com) or Chris Heidrick (579-0660 or chris@sanibelinsurance.com).✪

New Moon Meditation

A New Moon Meditation Class will be held on Monday, March, 27 starting at 7 p.m. at Alison Hagerup Beach Park, located at 14790 Captiva Drive on Captiva. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps.

Participants will enjoy a guided meditation on the beach as the sun sets and the moon rises. The suggested donation is \$10 to \$15, with all proceeds going to benefit the Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit www.ambuyoga.com or call 314-9642.✪

Live Your Dreams On Sanibel & Captiva!

STUNNING HOME ON KINZIE ISLAND



KINZIE ISLAND: Recently updated and situated on the navigable canal, this Bermuda Style home offers a spacious floor plan with 3 bedrooms and 5 full baths, screen enclosed pool and spa, wonderful outdoor living, dock and boat lift. Striking in every detail. Kinzie is a gated community on Sanibel Island, beach access with cabana, association tennis, pickle ball and basketball court.

Asking price is **\$2,350,000**

GORGEOUS COASTAL BEACH HOME



SANIBEL EAST END: Spacious home with 3 bedrooms, 2 1/2 baths, screen enclosed heated pool, volume ceilings throughout, chefs kitchen, incredible bonus space with extra storage, 3 car garage and boat dockage. This home is located in the prestigious Kinzie Island, a private, gated community with private beach access on the East End of Sanibel. Association pool, tennis, pickle ball courts and beach access with cabana. An Island dream come true on Sanibel!

Asking price is **\$1,395,000**

BEACH DUPLEX CLOSE TO GULF BEACHES



So close to the Gulf you can hear the waves! Adorable duplex 3 lots away from the Gulf of Mexico. Fantastic Opportunity to live in one side and rent out the other. So many options. Tradewinds offers one of the most beautiful stretch of the beach on the Island, and beach access seconds away with parking- Private and remote!

Asking price is **\$595,000.**

CANAL-FRONT LOT IN SHELL HARBOR



Here's your chance to build your dream canal front home on East End of Sanibel. This beautiful lot is surrounded by the Gulf of Mexico and Bay offers a seawall canal with dock and boat lift already in place. The private deeded beach access with parking is just moments away. One of the very few remaining canal lots on the Island!

Asking price is **\$719,000**

ADORABLE COTTAGE BY THE SEA!



Perfect floor plan for the family. Open kitchen, dining and living room, plus 4 bedrooms and 2 baths. Dreamy cottage style home with wood floors through out, high ceilings on a private, tropical lot. Watch the manatees and wildlife. Wonderful canal views, boating access to the Gulf of Mexico. Beach access close by.

Asking price is **\$849,000**



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From left, Susan Casell, Denise Carnell, Marcia Korwin, Kyle Sweet, Wendy Kindig, Linda Adams and Andrew Carnell photos provided

Club Recognized For Environmental Excellence

The Sanctuary Golf Club has retained its designation as a Certified Audubon Cooperative Sanctuary through the Audubon Cooperative Sanctuary Program for Golf Courses, an Audubon International program.

Participation is designed to help course personnel plan, organize, implement and document a comprehensive environmental management program and receive recognition for their efforts. To reach certification, a course must demonstrate that they are maintaining a high degree of environmental quality in a number of areas including Environmental Planning,

Wildlife & Habitat Management, Outreach and Education, Chemical Use Reduction and Safety, Water Conservation, and Water Quality Management.

"The Sanctuary Golf Club has shown a strong commitment to its environmental program. They are to be commended for their efforts to provide a sanctuary for wildlife on the golf course property," said Tara Donadio, director of Cooperative Sanctuary Programs at Audubon International.

The Sanctuary Golf Club is one of 110 courses in Florida and 893 courses in the world to hold the honor. Golf courses from the United States, Africa, Australia, Central America, Europe, South America and Southeast Asia have also achieved certification in the program. The golf course was designated as a Certified Audubon Cooperative Sanctuary in 2003. After



Kyle Sweet, right, giving a tour of The Sanctuary's native plantings

designation, courses go through a recertification process every three years.

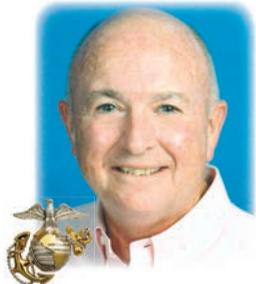
This year the recertification process, coordinated by Kyle Sweet, golf course superintendent, required a visit by a local community representative, who was given a tour of the course and sent their observations to Audubon International.

"We see the site visit as an important component of a course's recertification," stated Donadio. "It provides an objective verification of some of the more visible aspects of the course's environmental management activities.

In addition, it offers an opportunity for golf course representatives to share publicly some of the voluntary actions they have taken to protect and sustain the land, water, wildlife, and natural resources around them."

"The Sanctuary is proud to be affiliated with Audubon International and maintain our certification," added Sweet. "The combined efforts of this program and the City of Sanibel's Water Quality Best Management Practices puts the club on the forefront of responsible environmental management, which our members, staff and community can be proud of."*

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Loggerhead Cay #434



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\$619,000

3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.
\$219,000

3728 West Gulf Dr.



Only steps to the beach. This Exceptional 5 BR/5 BA home offers many custom features... including a large pool surrounded by professionally landscaped grounds.
\$2,599,000

Commercial on Tamiami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres and Parcel B is approx. 2.0 acres.
(A) \$999,500 (B) \$400,000

Pointe Santo C36



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income.
\$819,000

Sandalfoot 4C3



GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.
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4155 Dingman Drive



SHORT SALE OPPORTUNITY! 3 BR/3 BA on approx. 1 acre on private cul-de-sac. In need of imagination/renovation. Walk to beach!
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9247 Dimmick Drive



Nicely renovated 3 BR/2 BA pool home with art studio. Double lot overlooks conservation lands.
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| Beachview Tennis Club | Florida Gulf Coast University Athletics | Sanibel-Captiva Art League | Southwest Florida Children's Charities |
| Bob James Memorial, Lee Coast Chapter | Florida SouthWestern State College | Sanibel-Captiva Rotary Club | Stephen Bufton Memorial Educational Fund |
| Cypress Lake High School | Fort Myers Community Concert Association | Sanibel Captiva Sail and Power Squadron | Sundowners Search and Rescue Flying Club |
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Aerial photo of Bailey's General Store with new solar panels, installed through the SanCap Solar Connect program initiated by the JN "Ding" Darling Wildlife Society photos provided

Presentation On Solar Energy

Two island organizations are pairing up to host Go Solar, Sanibel, a program about solar energy for island residents and businesses. The League of Women Voters of Sanibel and the Green Team of the Sanibel Congregational United Church of Christ (SCUCC) will bring James M. Fenton, PhD, the director of the Florida Solar Energy Center (FSEC), to Sanibel to talk about recent changes in the market that are making solar energy less costly. The

program begins at 6 p.m. on Monday, March 27 at SCUCC, located at 2050 Periwinkle Way. Admission is free.

Dr. Fenton's presentation, Florida Solar State of the Market, was a hit at the recent Everglades Coalition Conference. He has been director of the University of Central Florida's FSEC since January 2005. He leads an 85-member team that researches and develops energy technologies to enhance Florida's and the nation's economy and environment. They are dedicated to educating the public, students and practitioners on the results of the research. FSEC, created in 1975 by the Florida Legislature to serve as the state's

energy research institute, is the nation's largest and most active state-supported renewable energy and energy efficiency research institute. Dr. Fenton is also a professor in the university's materials science and engineering department.

Following this keynote presentation, John Lambie, executive director of the Florida House Institute, will speak about the solar co-operative that he and others formed in Sarasota, and how they reduced the Florida House energy bill to zero. The Florida House was the first "green" building open to the public in the U.S. This house and its surrounding garden integrate scientific principles and sustainable living practices. The Florida House Institute's goal is to promote and advance sustainable practices that improve the quality of life for people in Florida's Gulf Coast.

The final presentation of the evening will be the story about Bailey's General Store going solar, as told by Richard Johnson. The solar installation was part of an overall "kilowatt diet" for the retail operation.

Bailey's was one of four businesses/organizations on Sanibel that participated in the San-Cap Solar Connect program, initiated by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) in 2015 to offer affordable solar conversion to area residents and businesses. Sanibel Captiva Community Bank and the Sanibel-Captiva Conservation Foundation (SCCF) also converted under the program, and the JN "Ding" Darling National Wildlife Refuge will be completing its conversion this year. An additional 24 residential homes converted, including Fred and Alice Stanback, who provided partial funding for the initiative. "I am very pleased with my solar installation," said Fred Stanback. "For the first 10 months it



James M. Fenton

has produced more power than we have used, so that my only electric bill has been the \$20.34 monthly fee to be connected to the grid."

San-Cap Solar ran its program through March 15, 2016, and then met with the League of Women Voters, who stepped in to continue the program Florida-wide.

"This is exciting and wonderful to see how our small program has now moved statewide and maybe even nationwide if it goes well," said Birgie Miller, DDWS executive director.

Information on solar co-operatives and tax credits will be available for residents and business owners who attend the Go Solar, Sanibel! event. For more information, contact Barbara Joy Cooley at lwvsanibel@gmail.com.*



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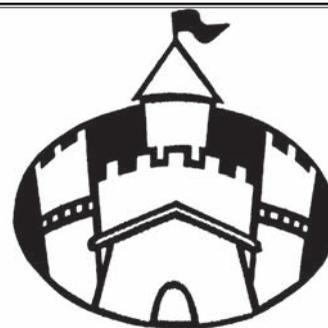
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PENDING!



**243 SOUTHWINDS DR
SANIBEL ISLAND**

It's all about location! This remodeled home, with elevator and screened in pool is just a short stroll to the deeded beach access. 3 bedrooms, 2 and a half baths with an office or den, metal roof and nearly 2,000 sq ft. You'll love the remodeled kitchen! Lushly landscaped double lot. If you love the beaches of Sanibel, you'll love the location of this home. This is truly a must see! **OFFERED AT \$855,000**

THE DUNES!



Charming 3 bed, 2 bath home located in The Dunes Golf & Tennis Community. Featuring tile floors throughout the living area, a wet bar in the great room & a beautiful, newly remodeled master bathroom. Kitchen has granite counter tops & loads of storage. Enjoy tropical breezes & conservation land views on your spacious, screened lanai. Covered parking & storage. **OFFERED AT \$649,900**

PENDING!



**970 SAND CASTLE RD
SANIBEL ISLAND**

Bright & open floor plan in this Dunes 3 bed, 2 bath home which lends itself to beautiful architectural design. The vaulted ceilings in the living space & decking off all bedrooms & open kitchen add an open airy feel. Close to San Carlos Bay at Bailey Road for fishing, kayaking or sunning. Only a few homes away from the Dunes Club house. **OFFERED AT \$537,000**

**MINUTES TO
SANIBEL!**



**15598 BEACH PEBBLE WAY
FORT MYERS**

So. Ft Myers location of Boardwalk Isles! Beautiful, split bedroom floor plan with 3beds/2baths, living/dining room, kitchen & family room with views of the sparkling pool. Enjoy the covered and screened lanai and pool area while you entertain family & friends. You'll love all the extras - vaulted ceilings, walk-in closets, fenced yard and 3-car garage. Gated & pet friendly community. **OFFERED AT \$329,000**

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Terry Finzen photo provided

Hole In One

Terry Finzen scored a perfect hole in one on the 11th hole at The Dunes Golf & Tennis Club on March 10. Playing with Finzen were Bob Schoen and Peter Cline.*

Fascism In America: Can It Happen Here?

On Thursday, March 23, human rights activist and scholar Dr. Robert Hilliard, who was recently honored in Washington, DC by the Federal Communications Commission for his 20 years of service, where he was chair of public broadcasting, will address the audience with the topic Fascism in America: Can It Happen Here? The meeting will take place at The Community House, located at 2173 Periwinkle Way, in the Founders Room starting at 7 p.m. The meeting is free and open to the public, and anyone interested in the topic is welcome to attend.

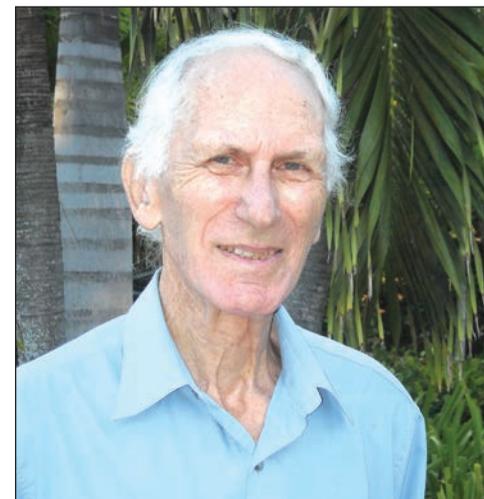
Hilliard, a Sanibel resident, is a Purple Heart World War II veteran who saw the results of fascism during the war and in the post-war occupation, working with survivors of the Holocaust. Among his more than 35 books is *Waves of Rancor: Tuning in the Radical Right* (with co-author Michael Keith), *Surviving The Americans* (the legacy of fascism in Germany) and the novel *Phillipa* (set during the incremental rise of Nazism in Germany).

Hilliard, a Columbia University

PhD, was professor emeritus and former dean of graduate studies and dean of continuing education at Emerson College in Boston. His background includes television, radio and journalism, as well as his 20-year career at the FCC. He will discuss how authoritarian and nationalistic systems of government display lack of tolerance for designated religious and ethnic groups.

People of every persuasion, as well as members of the Democratic Club are urged to attend and participate in a lively discussion. To join the Democratic Club, bring your check payable to DCI for \$25 to the March 23 meeting.

For more information, call 313-5718 or email demclubislands@gmail.com.*



Bob Hilliard photo provided

Superior Interiors

Seven Steps To Living Room Decorating

by Linda Coin



Follow these steps for successful living room decorating:

1. Color. The color of your new room should be harmonious – in pleasing proportion and selected with

regard for your family likes and dislikes.

2. Comfort. Comfort is key to selecting sofas and chairs. If you want your room to be totally hospitable, then be sure to select well proportioned and comfortable seating.

3. Furniture. Be sure to group your furniture to allow conversation to flow easily. It's also important

that your furniture be adaptable to different situations. Be sure there is ample space for extra seating when you must accommodate an unusually large number of people. Arrange your furniture so that it's pleasant to watch TV, listen to music, or even work on the computer if needed. Consider traffic lanes carefully so that there will be no awkwardness in moving around the room. Also, give thought to coziness as well as the aesthetics of your furniture. A home without warmth, no matter how tasteful, can have an adverse effect on most people.

4. Fabrics. Be sure that your fabric selections are pleasing in texture as well as harmonious in color, with good wearing and maintenance qualities for your sake and your budget's.

5. Lighting. A lighting plan must be created to enhance your overall room setting and illuminate special rooms' activities. Provide soft lighting for entertaining and direct or task lighting for reading.

6. Lamps. Be sure your lamps are the right height and of a size that's in balance with other furnishings. Today's lamp shades come in a variety of textures, colors and styles, so consider selecting decorative shades to compliment your room's overall décor.

7. Maintenance. Your living room must be livable for you, therefore, maintenance is a major consideration. Select practical yet decorative furnishings and fabrics that will lighten your household load. You'll get more enjoyment from having guests and they will feel far more welcome.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.*

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Can we meet 'Our Greatest Environmental Challenge?'



Eric Draper

Find Out Wednesday, March 22nd At COTI Annual Meeting

Eric Draper, Executive Director of Audubon Florida, will be the keynote speaker at Committee of the Islands' upcoming Annual Meeting. He will speak on the science and politics driving Everglades restoration and estuary recovery. Draper calls it Florida's greatest environmental challenge, in lining up public support for reducing pollution and getting the water right.

The COTI Annual Meeting is open to the public. It will be held starting at 9:00 AM on Wednesday, March 22nd, at the Sanibel Community House, 2173 Periwinkle Way.

Audubon Florida operates Florida's premiere ecotourism destination at Corkscrew Swamp Sanctuary along with the Center for Birds of Prey in Maitland and manages the Lake Okeechobee Marsh and Rookery Bay sanctuaries among others. The organization fields 70 professional staff, 1700 volunteers and enjoys the support of 60,000 paid and online members and 45 local chapters. Audubon Florida's science staff conduct extensive Everglades and coastal bird habitat field research. Eric Draper is recognized as a leading and longtime advocate for Everglades restoration, water resource protection and land conservation. He served on the executive committee for the successful 2014 Amendment 1 campaign.

Draper currently serves on the boards of Sustainable Florida and the Florida Ocean Alliance and is co-chair of the Florida Working Forest Partnership.

Draper studied philosophy at the University of South Florida and was an adjunct instructor with Florida State University's Political Science Department.

Committee of the Islands • Keeping Sanibel Special Since 1975

COTI invites your input on this and other issues affecting our island. Send an email to coti@coti.org. To read our past commentaries on Island issues, visit our website at www.coti.org. Or visit Committee of the Islands on Facebook.

Women Team Up To Help Build Habitat Homes



Zonta Club of Sanibel-Captiva

photo provided

Habitat for Humanity (Habitat) of Lee and Hendry counties recently kicked off Women Build 2017 fundraising with a party hosted by returning title sponsor Chico's FAS, Inc. and its family of brands – Chico's, White House Black Market, and Soma – at their National Store Support Center in Fort Myers. Nearly 200 women from Southwest Florida attended, formed teams and committed to raise \$150,000 to fund the rehab of three homes for three families.

Women Build is Habitat's initiative to engage women in the effort to provide safe and decent homes for deserving families in need. By recruiting, educating and inspiring women to build, they can transform lives in their communities. Since 2011, Women Build in Lee and Hendry

counties has housed 12 families and 25 children through local fundraising and volunteer efforts.

Chico's FAS is the Women Build title sponsor and has generously supported Women Build for five years. Silver Hammers sponsors include Bell Tower Shops, GL Homes, Mark Loren Designs, Norman Love Confections, Zonta Club of Sanibel-Captiva, the Al & Nancy Burnett Charitable Foundation, and Lowe's, while the Bronze Hammer sponsors are Edison National Bank and Pavese Law Firm.

Local women are needed to help raise \$150,000 to fund the rehab of the three homes and to provide womanpower for the construction. For more information on donating or participating call 652-1673 or visit www.habitat4humanity.org.✧



Phyllis Gibson

photos provided



Kristi Lane

Promotions At Trust Company

Phyllis Gibson and Kristi Lane have each been promoted to vice president on the client services and trust administration team at the Sanibel Captiva Trust Company.

Gibson has over 20 years of experience in the investment industry, having worked for several major brokerage firms including Legg Mason Wood Walker and Morgan Stanley as branch operations manager, before joining Sungard Data Systems as their conversion support leader. Gibson moved to Captiva in 1991, having served on the boards of the Captiva Civic Association, the Captiva Hurricane Committee, as board secretary of the Captiva Island Yacht Club and commissioner of the Captiva Fire Control District. Currently, she is

on the board of the Bailey-Matthews National Shell Museum.

Lane provides personalized relationship management services to individuals, families and business clients of the Sanibel Captiva Trust Company. She holds a BS from Hodges University with a focus in business, and is also a graduate of the Florida Bankers Association School of Trust and Wealth Management. Prior to joining the trust company operations team in 2013, Lane worked in information technology and real estate. She is a long-time Lee County resident, having originally moved to Sanibel in 2003 and served as a volunteer in Lee Memorial Health Park's emergency room.

"Phyllis and Kristi have provided our clients with exceptional care, while meticulously executing on their account relationships," said Al Hanser, founder and chairman of the trust company. "We owe much of our success to such dedicated team members."✧

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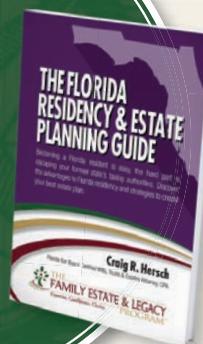
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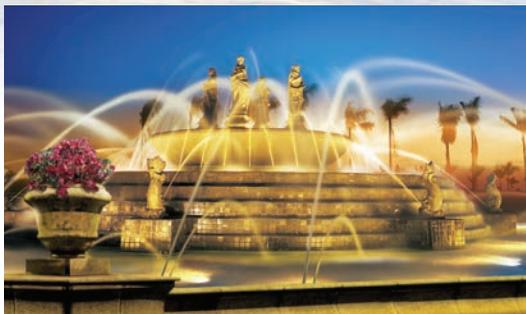
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Grand Entry Fountain at Miromar Lakes Beach & Golf Club

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Luxury Waterfront Villas by Randall Mitchell Custom Homes



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- 4 BR/4 BA Gulf access canal home
- Spacious home with large caged pool
- **\$1,965,000** EUR €1,879,843

5. Snug Harbor Town Home - Sanibel

- 3 BR/2 BA with partial Gulf views
- Updated throughout, under bldg. parking
- **\$699,900** EUR €656,716

6. Light House Point Condominium – Sanibel

- 2 BR/2 BA plus den with bay views
- Updated throughout, corner unit
- **\$659,000** EUR €622,902



2

1. Stunning Gulf Front Home - Captiva

- 4 BR/3.5 BA with expansive Gulf views
- Featuring 157 ft of beach frontage AND a boat dock on Roosevelt Channel
- **\$4,499,000** EUR €4,238,162

2. Colony Beach Estates on Sanibel

- 4 BR/4 BA home in gated community
- Private pool and Gulf views
- **\$1,595,000** EUR €1,507,632

3. Heart of Captiva Village; “Belle Mar”

- 5 BR/ 5.5 BA stunning courtyard pool home
- Concrete construction, Steps to the beach
- **\$2,599,000** EUR €2,486,367



3



4



NEW PRICE

5



6



7

10. Captiva - “Villa Elena”

- 4 BR/3 BA Mediterranean style home
- Updated, swimming pool, beach & dock access
- **\$1,699,000** EUR €1,605,936

11. Ground Level Canal Home on Cul de Sac - Sanibel

- 3 BR/2 BA with private pool and boat dock
- Gulf access, sea walled canal, deeded beach access
- **\$999,000** EUR €944,279

12. Ferry Landing - Bayfront on Sanibel

- 3 BR/2 BA with stunning Bay Views
- Community boat dock, swimming pool & tennis
- **\$2,195,000** EUR €2,098,159



8



9

7. Gulf Front, South Seas - Captiva

- 4 BR/3 BA completely renovated & decorator furnished
- Nightly rentals, excellent income
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8. Captiva Village

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9. Shell Harbor Gulf Access Canal Home - Sanibel

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10



11



12

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Will Power

Health, Education, Maintenance And Support



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

For those of you who have wills and trusts that contain testamentary (post-death) trusts that continue on for your loved ones, you may notice that the trustee has a standard

ascertainable standard. Why would it be important for a trust to limit the distributions to a beneficiary under an ascertainable standard? Oftentimes the beneficiary and the trustee are one and the same person. Consider if Harry created a testamentary trust that, upon his death, provides for his wife, Sally. Sally is to receive income from the trust, and the trustee may invade the principal of the trust for Sally's health, education, maintenance and support. Assume further that Harry has named Sally as the trustee of this trust.

Even though Sally is the trustee of the trust, she does not legally own the trust assets because her distributions are limited to an ascertainable standard. This could be important for a variety of reasons. If Harry and Sally do not want the assets of the testamentary trust included in Sally's estate for estate tax purposes, it is important that she is not deemed to own the trust assets. This could also be true for liability protection. If Sally were to run over someone in her car causing injury to another, assets in a discretionary trust that are limited to an ascertainable standard may fall outside of the reach of a judgment creditor. Another important protection may include protecting the

by which she can make income or principal distributions. It's common to find that the standard relates to the beneficiary's health, education, maintenance and support-based needs.

Attorneys from all over the country commonly use those terms — health, education, maintenance and support. Is this because we all use the same form book?

No, that's not the answer.

The reason that distribution standards are tied to those four words is found in the Internal Revenue Code. When distributions to a beneficiary are limited to that beneficiary's health, education, maintenance and support, then the trust is said to have an "ascertainable standard." Interestingly, including the words "for that beneficiary's comfort and general welfare" are not considered an

inheritance from a future divorce should Sally remarry.

By limiting distributions to an ascertainable standard, you can give your beneficiary a great deal of control over the assets of a trust as the trustee, but not subject those assets to a variety of dangers mentioned above. The trustee of a trust generally has the ability to decide what investments, assets or property the trust will own, and when to sell or distribute trust income or principal. So it might be very important in your estate plan to give your beneficiary these trustee powers, yet at the same time protect the inheritance for that beneficiary.

Sometimes clients will voice concern whether the language is too limiting. The trust document can broadly define health, education, maintenance and support. Those words encompass almost any need that your beneficiary might have short of luxury goods or leisure travel. When you have your attorney draft your trust, you can restrict the distributions by requiring the trustee/beneficiary to first consider other income or resources available to him, or you could open up the distributions for any reasonable request notwithstanding other income or resources available. It's all in how you want your document drafted.

Another consideration is to ask who might challenge a distribution as improper. Generally speaking, the remaindermen beneficiaries would have the opportunity to review annual accountings and to question any distributions as falling outside of the written standard. A remaindermen

beneficiary is someone who inherits once the initial beneficiary's interest is terminated, usually after a term of years or upon death. A marital trust, for example, may continue on for the lifetime of the spouse, and then terminate to the children upon the spouse's death.

If you grant your beneficiary a power of appointment that allows him or her to alter the remaindermen beneficiary's inheritance then for a remainderman beneficiary to challenge a distribution could end up jeopardizing that beneficiary's economic interest in the trust. Suppose, for example, that Harry gave Sally the power to appoint the trust at Sally's death among their descendants, spouses and charities. Assume Sally's daughter, Denise, believes that Sally is making distributions to herself outside of the health, education, maintenance and support standard.

When Denise confronts Sally, Sally's answer is, "Well, Denise, I suppose you could question my distributions. But if you do, remember that I have the power to write you out of the trust!"

There are many nuances and considerations to consider when creating and drafting trusts, even when the ascertainable standard of health, education, maintenance and support are used. But at least now you know why those words are so common in estate planning documents, and what choices you might have even when using such "standard" phrases.

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From page 1B

Documentary

that investigates the environmental health of the Gulf of Mexico six years after the Deepwater Horizon blowout in April 2010. That is when the world's ninth largest body of water became a place where thousands of communities and millions of citizens were put in jeopardy by a single incident – the biggest oil spill in U.S. history.

The event initiated an unprecedented response effort and mobilized the largest coordinated scientific research endeavor around an ocean-related event in history – orchestrated through the Gulf of Mexico Research Initiative (GoMRI).

Dispatches from the Gulf shares the first-hand accounts from fishermen, scientists, and activists on how the Deepwater Horizon spill impacted their lives. Researchers from the University of South Florida, University of Miami, University of Georgia and others study the fishes, deep sea corals and currents impacted by the oil spill, all of which are highlighted in the documentary.

To view a trailer, go to: https://youtu.be/p_yD9ABHWdA.

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Howard Simon

photos provided

Public Forum On Civil Liberties

Two members of the Florida office of the American Civil Liberties Union (ACLU) will be coming to The Community House to conduct a first-of-its-kind public forum on Wednesday, March 22 at 7 p.m. There is no cost to attend.

The purpose of the forum is to acquaint the community with the ACLU's current and future work in the state and across the country, and to take input on issues that are of most concern to local residents. ACLU of Florida Executive Director Howard Simon and Legal Director Nancy Abudu will be presenting.

The ACLU is a nonpartisan, non-profit organization whose stated mission is "to defend and preserve the individual rights and liberties guaranteed to every person in this country by the Constitution and laws of the United States." For nearly 100 years, the ACLU has been the nation's foremost guardian of liberty, working in courts, legislatures and communities in carrying out this mission.

With more than 1,000,000 members, nearly 300 staff attorneys over 1,100 paid staff, thousands of volunteers and offices in all 50 states, the ACLU of today continues to vigorously defend individual freedoms including freedom of speech and religion, a woman's right to choose, the right to due process and citizens' rights to privacy.

Almost 100 years ago, the ACLU fought the harassment and deportation of immigrants whose activism put them at odds with the authorities. In 1939, it won in the U.S. Supreme Court the right for unions to organize. In 1942, the ACLU stood almost alone in its objection to the round-up and internment of more than 110,000 Japanese-Americans in concentration camps.



Nancy Abudu

Many of this country's most cherished rights are the result of the ACLU litigation and advocacy. These include the Scopes trial (the right to teach evolution in public science classrooms) as well as the following Supreme Court cases: Miranda (the right to remain silent); Griswold (the right to contraception); Gideon (the right to a court-appointed attorney if you can't afford one) and others.

The ACLU of Florida takes up issues that are directly relevant to Florida residents. Following on its involvement in the Flint, Michigan water crisis, where the ACLU worked diligently to investigate the crisis, hold accountable those responsible and demand swift and full resolution of this disaster, the ACLU has begun to look into water quality issues in Florida including the green-blue algae blooms. In Florida, the ACLU is also working on issues such as immigrants' rights, juvenile justice with a focus on keeping children in school and out of the criminal justice system, and the right of physicians to counsel patients on gun safety – the noteworthy Docs versus Glocks case.

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Bracket-Busting March Madness Has Arrived With Expected Upsets



by Ed Frank

Have your NCAA brackets been trashed? Writing this column early in the week before even the first games have started, my best guess, based on past history, many

of our first-round predictions already have tanked.

Remember just a year ago when No. 15-seeded Middle Tennessee upset second-seeded Michigan State in an historic upset over a Spartan team that many had picked to win the National Championship? That was the bracket buster for millions of basketball fans.

If Middle Tennessee didn't end your tournament dreams a year ago, what about the fact that at least one team seeded 9, 10, 11, 12, 13 and 14 also won a first-round game.

Yes, March Madness is with us. And who can ever forget last year's championship game when Villanova's Kris Jenkins drained a three-pointer at the buzzer to defeat North Carolina in what many have called one of the best games in NCAA history.

That brings us to our local darling of March Madness - Florida Gulf Coast University. The Atlantic Sun Conference Champion Eagles entered the tournament a 14 seed facing third-seeded Florida State last night, Thursday, in Orlando.

This reporter penciled in the Eagles to down Florida State despite the 14 to 3 seed disadvantage, remembering their magical run in 2013 when they advanced to the Sweet 16 as a 15 seed. That was the first time in NCAA history that a 15 seed had made it to the Sweet 16.

Of course, if the Eagles' upset didn't materialize, my brackets suffered major damage.

This year, like most years, there are many dramatic stories attached to numerous teams that made it to the "big dance." Atop that list is the Northwestern Wildcats that earned a NCAA bid for the first time in the 78-year history of the tournament.

Interestingly, Northwestern, located just a few miles north of the Chicago Cubs Wrigley Field, ended the school's long NCAA drought just four months after the Cubs won the World Series, ending their 108-year-old drought.

And then there is the amazing Michigan Wolverines who won four games in four days to win the Big 10 Tournament Championship last weekend after their plane slid off the runway Wednesday during takeoff.

The seventh-seeded Wolverines face 10th-seeded Oklahoma State in the first round today, Friday.

There is no question that the NCAA annually is one of the top attractions on the sports calendar.

And the amount of money bet in Las Vegas, office pools and online sports books runs into the hundreds of millions. Reportedly, the Las Vegas casinos earn about \$100 million each spring on the NCAA, and some have guessed that this is less than five percent of the total bet each year on the tournament.

In case you're interested, even if your brackets are in the trash, the Las Vegas oddsmakers had made Duke and North Carolina the pre-tournament favorites at 6 to 1 odds, followed by Villanova at 15 to 2, Kansas 8 to 1 and Kentucky 17 to 2. Michigan was 33 to 1 and Notre Dame and Wisconsin, 40 to 1.

Who was your pick to win it all? There are plenty of dark horses for sure. I hope your picks are still alive by the time you read this column.✱



Front row from left, Lex Felker, Luis Barroso, Jim Harvey, Ed Buttolph and Alan Kennedy. Back row, Gene Lopez, Gunter Kostka, Hyde Tucker, Jerry Miller, Dan Moeder, Tom Addison, Bud Reinhold, David Searles, Michael Holloway and Bob Kamino. Not pictured are Pete Halliday, Coach Toni Halski, Jim Metzler and Clint Parsons. photo by Isa Engleberg

Beachview 50-Plus Team Wins League Title

A Beachview Tennis Club team won the championship of the Lee County 50+ Men's League,

White E Division on March 13. The league began in 1992 and now fields exactly 100 teams with almost 1,500 players. Though the league allows players as young as age 50, most of Beachview's players are over age 70, and all are aged 65 or older. The last Beachview team to win a 50+ Men's League championship occurred in 2007.✱

SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through March 13

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	313	147
Second	Sandycappers	224	236
Third	Fresh Legion Crew	197	263
Fourth	Sanibel Cafe	186	274

March 13 Results

Bunt's Ball Busters	11	Fresh Legion Crew	9
Sandycappers	11	Sanibel Cafe	9

Sanibel 8-Ball Pool League

Bunt's Edge Crew

Dave Doane redeemed himself after last week's 4-0 thrashing by John Riegert to post a strong 4-0 victory over Kip Buntrock. Doane's fine display of cue artistry led Bunt's Ball Busters to an 11-9 win over Fresh Legion Crew. Bob Buntrock added three wins over Gator Gates to help bring Bunt's back from an early 8-4 deficit. Doc Lubinski and Tom Yorgey were top shooters for Fresh Legion Crew with 3-1 victories over Rich Ennis and Kip Johnson.

John Bates fashioned a 4-0 outing against Dave Graham to lead Sandycappers to an 11-9 edging of Sanibel Cafe. Gary Murza contributed

three wins over Randy Carson for the Cappers. Shining star for Sanibel Cafe was Matt Hall who annihilated Sam Forfeit 4-0 in one of the most overwhelming displays of cue prowess seen during the pool season.

Fourteen players have now paid their \$20 entry fees for the league's annual singles tournament scheduled for Monday, March 27. Entered to date are: Kevin Pottorf, Pete Mindel, Dave Doane, Kip Buntrock, Matt Hall, Rich McCurry, Karla McCurry, Bob Buntrock, Rich Ennis, John Riegert, John Bates, Randy Carson, Mike DeWitt and Tom Yorgey. Last year's winners were: 1. Mike DeWitt; 2. Rich Ennis; 3. Randy Carson; 4. Kevin Pottorf; 5. and 6. Gator Gates and Jimbo Gaubatz; 7. and 8. Terry Ricotta and Doc Lubinski.✱



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BeautifulLife:

Replenish Your Soul



by Kay Casperson

What is the best thing that you can do for yourself today? How can you fill yourself up with inspiration, enthusiasm and enough energy to get through the next week and the week after that with a smile on your face and a spring in your step?

Replenish is a word that means to refill, recharge or restore. If you don't take the time to replenish yourself emotionally, spiritually, physically, environmentally and socially, you will dry up. That is not a good place to be, when you have things to accomplish, people to see or entertain and lots of plans to attend to.

One of my best selling and most important skincare products is called Replenish, and it is a day and night moisture therapy. It is appropriately called Replenish because just as our lives need daily replenishing so does our skin. But, as with all of my products there is a daily affirmation on the bottle that reminds you to take care of your life at the same time. This affirmation says: "I will take time to care for myself."

Here are some of my suggestions for you to replenish your soul this week.

- Take a nice long walk on a path that you have not discovered yet and take in the environment that surrounds you.
- Purchase a new inspirational book either from the bookstore or online and start reading it with the goal to finish it within just a few days.
- Get a relaxing massage, facial or body scrub with some reflexology.
- Take a nice bath with some lavender essential oil and fill your diffuser with lavender to enhance your relaxation and dream about beautiful things.

There are many ways to replenish your soul and it needs to be done regularly to stay strong, focused and healthy enough to manage the day-to-day tasks and keep up with your fast, busy lifestyle. Remember, taking the time to care for yourself is essential to being the most and best you can for others, and it is also essential in having your balanced and beautiful life!

My affirmation for you this week is; "I will take the time to care for myself every day so I can continue to care for others and to enjoy the best and most beautiful life available to me."

*Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson.com.**



Doc Ford's Rum Bar & Grille is again title sponsor for the 2017 tournament photo provided

Doc Ford's Co-Sponsors Tarpon Tournery

A fat purse promises to make the sixth annual "Ding" Darling & Doc Ford's Tarpon Tournament on Friday, May 19 the hottest competition on the water. Doc Ford's -- with locations on Sanibel Island, Captiva Island, and Fort Myers Beach -- has again committed to being the title sponsor for the 2017 tournament, along with the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). Proceeds will benefit wildlife and conservation education at JN "Ding" Darling National Wildlife Refuge on Sanibel Island.

The tournament pays out 100 percent of the entry fee (\$500 per boat of up to four) as tournament awards. This year, because a rollover of last year's purse fattens the purse to \$33,000, the 50-boat entry field has already filled. Interested parties can contact DDWS executive director Birgie Miller at 292-0566 or director@dingdarlingsociety.org to add their names to a waiting list.

The Captain's Dinner takes place the evening prior, May 18, for anglers and sponsors only at Doc Ford's Rum Bar on Fort Myers Beach.

"There's not another tarpon tournament like it in the area," said Marty Harry, Doc Ford's co-owner. "We get fishermen from all over the country."

"Doc Ford's has been a faithful
continued on page 28B

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From left, AJ Martignette, Kasey Albright, Laura Richardson and Erick Lindblad

Young Professionals Networking Event

On February 28, SCCF hosted the Young Professionals Association of Sanibel & Captiva's monthly After 5:30 Networking Event held at the Bailey Homestead Preserve.

More than 30 young professionals gathered at the newly-restored Bailey Homestead Preserve. Erick Lindblad, SCCF executive director, thanked the group for their energy and commitment to the island and encouraged them to visit the

other SCCF preserves and Nature Center. The Young Professionals raised \$200 from donations over the course of the evening for SCCF.

If you are interested in becoming a part of the Young Professionals Association of Sanibel & Captiva or hosting an upcoming event, contact or Laura Richardson at lrichardson@bigarts.org and find YoPro on Facebook at www.facebook.com/ypasc

The Young Professionals Association of Sanibel & Captiva is a new and diverse organization of talented friends and future leaders that aims to provide leadership development, networking opportunities and philanthropic support to the islands of Sanibel & Captiva. ✨



From left, Kelly Sloan, Darrin Grotrian, Preston Schuetz, Sarah Lathrop, Leigh Gay, Carrie Alexander, Melanie Moraga and Skyler Bauer photos provided



From left, Luke Mancuso, Craig Chandler and Kate Eyer



From left, Emily Frost, Paul Gulbrandsen, Kasey Albright, Brendan Albright, Mart Harity and Tami Treuheit

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From page 6B

Peek At The Unique



Front view of Fleur-de-Lis, which offers sunset views of the gulf from every room



The spacious kitchen of Steve and Jessica Kerscher's residence, which the couple helped design



Peekers stroll along the boardwalk leading up to a home located in the Santiva section

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Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, April 12 at 2:30 p.m. is *The Warmth of Other Suns* by Isabel Wilkerson.

"Pulitzer Prize-winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the decades long migration of black citizens who fled the South for northern and western cities, in search of a better life." – Amazon

Minnesota Twins Spring Training Baseball Tickets –

- Tuesday, March 21 vs. Philadelphia Phillies at 1:05 p.m.

- Sunday, March 26 vs. Boston Red Sox at 1:05 p.m.

Ticket cost for members is \$22 and \$27 for non-member guests. Must be a current Island Seniors member to purchase baseball tickets. Ticket sales are for limited time only. All sales are final. Transportation is on your own.

Chihuly Collection & Dali Museum (Frida Kahlo at the Dali) Trip – Friday, March 24. Cost is \$75 for members and \$85 for non-members.

Trip includes round trip transportation including a docent-led tour of the Chihuly

Collection, Dali Museum and a special exhibition of Frida Kahlo at the Dali. Lunch will be on your own at the Banyan Café. Advance registration is required. The trip is limited to 27 participants on a first come basis.

Complimentary Skin Cancer Screening by Riverchase Dermatology – Wednesday, March 22, 10 a.m. to 1 p.m. Screenings are quick and easy. The exam is a non-invasive and a visual inspection of exposed areas of the body will be done after a brief medical history is completed. Advance registration is required.

Keeping up with Technology with Gerard Damiano: Travel Apps – Wednesday, March 22, 1 to 4 p.m. Cost is \$50 for members and \$75 for non-members.

Locate yourself on a map, estimate travel times, get directions and even beat traffic. Use apps to find the cheapest gas or the nearest public restroom. Translate languages, convert currency. Call a car, or book a flight. Get reviews on restaurants and hotels. Beat long distance roaming charges and stay connected while abroad. This class offers tips, tricks and techniques to benefit the tourist and seasoned traveler alike. Sign up for your free Facebook account prior to class and be prepared to login from your portable computer or device. Register in advance and bring your own device. Be prepared to use your Apple ID and password.

Keeping up with Technology with Gerard Damiano: Healing and Harmonizing Apps – Wednesday, March 29, 1 to 4 p.m. Cost is \$50 for members and \$75 for non-members.

There is a wealth of information at the

touch of virtual button. Soothing sounds, lunar cycles, star charts and more. Shop consciously and select products that reflect your values. Harmonize with your devices and learn tools that help to promote a healthy lifestyle. Sign up for your free Facebook account prior to class and be prepared to login from your portable computer or device. Register in advance and bring your own device. Be prepared to use your Apple ID and password.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.
BINGO – Friday, March 24 at 1 p.m.

Kayaking on Tuesdays and Thursdays – March 21 and 23 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps

then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*



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From page 25B

Tarpon Tourney

supporter of our efforts at 'Ding' Darling, helping greatly to bolster refuge programs and research to balance federal budget shortfalls," said Miller. "Last year we raised \$55,000 for the refuge as a result of sponsorships, donations and auction proceeds. In its five years of existence, the tourney has raised nearly \$250,000. We're so grateful to Doc Ford's for this huge effort in our behalf."

For more information on the tournament, visit www.dingdarlingtarpontourney.org. Anyone interested in becoming a tournament sponsor should contact Miller at 292-0566 or director@dingdarlingsociety.org.

Tournament sponsors for 2017 include: Title Sponsor: Doc Ford's Rum Bar & Grille; Premier Sponsors: Diversified Yacht Services, Nimrod, Raiser's Edge; Presenting Sponsors: Mark and Gretchen Banks; Gold Sponsors: Bella Signs & Designs, Senator Lizbeth Benacquisto, Captiva Diva, Fort Myers Marine, The Historic Bait Box, Island Inn, Jensen's Marina, John Grey Painting, Law Office of Janet Strickland PA, On Island, Organized Chaos, Trophy Case of Fort Myers, Whitney's Bait & Tackle, Don and Ann-Marie Wildman; Silver Sponsors: Anisa Jewelry Designs, Lighthouse Recovery Institute, Misty Wells' "Let's Take It Outside" and Sanibel Captiva Community Bank.*

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ISLAND SUN BUSINESS NEWSMAKERS

Top Producers



Phaidra McDermott



Dave Russ



Mike Neues and Pat Messerich

The top producers for February at John R. Wood Properties were: Phaidra McDermott, most properties listed for sale; Dave Russ, written business recognition; The Starr Team (Tom, Elise and Rob Starr), best closed volume; Mike Neues and Pat Messerich; productivity award.✱



Rob Starr



Elise and Tom Starr



The Burns Team

Top Associates

Brooke Brownyard was named the top producer associate and listing associate for the month of February for Premier Sotheby's International Realty. The Burns Team was the top producer and top listing team for February.✱



Brooke Brownyard

dearPharmacist

Benzodiazepine Dangers And Lies

by Suzy Cohen, RPh



Dear Readers: You know how you can tell a kid not to touch a hot stove, but they'll do it because they have to learn "hot" for themselves? That's how it feels to me. It's the same with medications.

I've seen happy, otherwise normal people lose their life, their jobs, their relationships, and their minds to the use of common, popular drugs that come easily prescribed by well-meaning doctors. Benzos are a nightmare to get off of, and the tolerance withdrawal symptoms can cause major disability. I have a much longer version of this benzo article, including natural options for relaxation. To receive your copy, go to suzycohen.com and sign up for my free newsletter, then I'll email it.

In my 25 years as a licensed pharmacist, I have seen miracles and disasters associated with medicine. Benzodiazepines are among the most prescribed drugs for the elderly, and their side effects are associated with dizziness and drowsiness, and of course, the natural consequence to that... falling and hip fractures.

Benzodiazepines are widely available and account for 35 percent of drug-related visits to hospital emergency rooms and urgent care clinics. The drug companies that manufacture and more these drugs only recommend that they be used short-term, generally up to only a few weeks, yet many of you have taken them for years. Chronic benzos use might also cause long-term neurological damage that is so

difficult to diagnose that it's possible to be accidentally diagnosed with atypical forms of common neurological disorders, such as ALS, Parkinson's, MS, and Alzheimer's.

Some signs of benzo abuse or dependence make you look like you're drunk, for example, slurred speech, drowsiness, dizziness, rage, fatigue and memory loss. In fact, both alcohol and benzos work by impacting the receptors of gamma-aminobutyric acid (GABA-a) in the brain. You're not making more GABA, you're just making better use of the GABA you have, making it hang around longer in your brain and gut, and thus relaxing you more. GABA receptors eventually atrophy and GABA levels drop.

If you've never started, and a benzo prescription is suddenly given to you, say, "No thanks doc, Suzy said not to start this!" A recent study published in the journal, International Clinical Psychopharmacology, by researchers in Finland found that among the 22% of study participants who had used benzodiazepines had a 20% increase in risk of stroke.

You cannot suddenly stop, it's dangerous so do not stop your medication. But if you are at the place where a doctor wants you to begin the medication, I beg you to say no. Don't believe this "Yeah, there's absolutely no harm in taking this, don't worry so much."

My opinion is you're either dealing with an ignorant practitioner, or it's a flat-out lie. A quick google search reveals benzodiazepine risks. My concern is once you begin benzodiazepines, there will be no choice but to keep raising your dosage or face tolerance withdrawal, or worse... suffer the consequences that slowly claim your brain. If you're trying to get off, please see an addiction specialist, do not suddenly stop.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Eden Energy Medicine (part 3)

Strengthen Your Heart's Energy



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

The last two columns were devoted to the boosting heart energy. So far, we have learned:

1. Improving our internal compass to help revitalize
2. Holding our heart source point to reduce heart disease
3. Biting down on the little finger to calm the body
4. Tracing the heart meridian

Today, you will be introduced to yet additional tools to strengthen the heart energy. The fascinating part of these approaches are that they are endless. When working one-on-one with a client, the energies are assessed, with a determination made as to which technique is the most viable. I have helped clients reduce and eliminate prescription medications that were taken for years (of course, with the monitoring of their physician) – all by moving the energies.

These exercises boost and strengthen heart energy. By doing these exercises, expect to find more comfort and calm with heart disease. They are easy, quick and beneficial.

Belt Flow is horizontal band of energy. Frequently energy gets stuck from the waist up and from the waist down. Around the belly is a horizontal flow of energy known as the Belt

Flow. If energy is not flowing through this area, it gets stuck. From the waist up, it affects the heart. By opening this channel, you help balance the flow of energy to and from the heart throughout the entire body. This is a fun exercise, especially for kids, since we use affirmations that are memorable.

- Place both hands on your back at the right side and sweep across the sides, around the front of your belly. Lift your hands, move them to your back two more times and then sweep the hands down the opposite leg. The affirmation is, "Where is my belt? Where is my belt? Where is by belt? My pants are falling down!"

- Place both hands on your back at the left side, sweep across the sides and around the front of your belly. Lift your hands and repeat two more times and then sweep down the opposite leg. Use the affirmation to help you remember.

By doing this technique, the energy is able to flow from the head to the toes and vice versa, with no energetic obstruction that keeps it stuck at the waist.

Cross arms and push hard with fingers. Cross the hands over the chest and wrap the fingers around the outside of the arms. Push into the outside of your arms, massaging from the shoulders to elbows. Use nice pressure and do as long as it feels good.

Because there are so many tools to utilize in working with heart issues, there will be one more column associated with tools to use for the heart.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

Doctor and Dietician

Sports Injuries And Osteoarthritis



by Ross Hauser, MD and Marion Hauser, MS, RD

Over 90 percent of athletic injuries involve stretched, torn or weakened soft tissue. Sports injuries, whether an ankle sprain, meniscal tear or rotator cuff tendonitis, occur when the repetitive strain of the athletic event is too much for a particular ligament, tendon or muscle to perform. When athletics are performed injury-free, they help us to maintain physical, emotional and mental health. However, when the joint sustains an injury, a cycle of joint instability begins. This cycle continues until it eventually results in osteoarthritis.

The development of arthritis can occur within a few years or decades, depending on the extent of the injury. While cartilage loss along with the

decreased joint motion plays a central role in osteoarthritis, an injury to the soft tissue structures is actually what initiates this change in equilibrium that leads to the breakdown of cartilage in osteoarthritis.

Standard treatments such as ibuprofen or cortisone injections may provide temporary pain relief from sports injuries, but actually make the athlete prone to re-injury and the continued cycle of joint instability and cartilage degeneration. Pain sensations alert the brain to tissue damage in the body. Using anti-inflammatory treatments to cover up pain is like taking the batteries out of a smoke detector while there is a fire raging. You don't hear that annoying alarm but the house is burning down!

Modern techniques that utilize a person's own cells for healing, such as Platelet Rich Plasma, are becoming increasingly popular for non-surgical repair. Most sports injuries respond very well to these types of regenerative injection therapies. They allow a safe return to sports that is dependent on the true integrity of the tissue, versus turning off the pain with a higher dose of pills or cortisone. It can be a win-win for injured athletes both young and old.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**



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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband has been an active alcoholic for years. The children and I have suffered dreadfully through job losses, car accidents, loss of friends and a tension filled home. I attended therapy groups and so did the children. Finally, my husband could not deny his condition any longer; he went to detox and also went to a self-help therapy group.

He is now much better, but we are all worn out from all of his abuse and our deprivation. I have a stress-related illness and the children do not have the confidence and self esteem they should have because of his abuse.

Suddenly, now that he is so much better and on his way to recovery, he has told me he wants out of this dysfunctional family. He is filing for divorce and plans to marry a woman he has met at his therapy group, start a new life on the other side of the country, and for me not to count on getting any support for myself or the family.

After all the sacrifices we have made for him, it is very hard for us not to be very angry. What would you suggest we do?

Janet

Dear Janet,

I have several suggestions for you. Inquire around and go to the best attorney in your area who is familiar with the problems related to alcoholism.

Few marriages can survive the ravages of active alcoholism. Many people die from the effects of alcoholism and they have never had a single drink. Families can be destroyed and the emotional effects can go from generation to generation unless therapy is introduced to help relieve future problems.

Alcoholics seem to be a very self centered group and they only think of their own needs with no consideration for the needs of others (their wives, their husbands, their children, their friends and co-workers).

If you can get some private therapy it can be helpful, but continue to go to Alanon (a therapy group for those closely involved with alcoholics) and have your children to continue to go to Alateen, which is a special group for children of alcoholics. Good luck.

Lizzie

Dear Janet,

Get yourself the best attorney in town. It is just so much garbage that your soon-to-be former husband thinks he can skip town with another woman and live happily ever after without upholding his current responsibilities. To me, his boasting of... "not to count on getting any support..." are the words of a dry drunk. A dry drunk is similar to an active drunk. And drunks do not make for good family members.

Get a good attorney, develop a good support system and move on with your life. You never know what health and happiness is out there for you and your family.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have been under a lot of emotional stress lately and I feel so depleted. How can I recharge my body?

A: Whether you are under acute or chronic stress, your brain is processing your emotions. When it senses a potential threat, say a car coming to a screeching halt right in front of you, the amygdala, your brain's emotional center goes into high alert. It sets off a fight or flight response. This stimulates your adrenal glands to produce the stress hormones adrenaline and cortisol. You then go into survival mode with extra energy and focus to conquer danger.

The body is an amazing structure that can adapt to sudden threats, yet it's the chronic emotional stress that is wear and

tear on your physical body. Ask yourself what external stressors are wearing you down? Your salvation is to find the art of calm. When you can be in a state of calm, your body will be flooded with the bliss of endorphins, your brain's opiate-like natural painkillers. Serotonin becomes replenished, helping your mood and making life better.

Stress hormones wane as you enter a more natural breathing sequence and your muscles begin to loosen and your heart rate and blood pressure lower. This is what Harvard University's Dr. Herbert Benson calls "The Relaxation Response," an antidote for the fear-based fight-or-flight style of emotional coping.

When stress comes knocking at your door, become an activist and go after calm. Meditate, try a yoga or tai chi class, take a relaxing bath, listen to soothing music, and breathe. Your mind, body and spirit will thank you.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.*



Florida Oysters Rockefeller

- 36 oysters, shucked, on the half shell
- 2 cups spinach, cooked and drained
- 1/2 cup crispy bacon, crumbled
- 1 cup mozzarella cheese
- 1/2 cup Parmesan cheese, grated
- 1 bell pepper, diced small
- 2 tablespoons fresh parsley, chopped fine
- 1/4 tablespoon hot pepper sauce
- 1/2 cup panko breadcrumbs
- 1 lemon, juiced
- 4 lemons, quartered for garnish
- Sea salt and fresh ground pepper to taste

Preheat oven on high broil.

In a medium-sized mixing bowl, combine spinach, bacon, mozzarella, Parmesan cheese, bell pepper, parsley, hot sauce and lemon juice. Stir ingredients to combine.

Taste spinach mixture and adjust seasoning with salt and pepper. Place 1



Florida Oysters Rockefeller

tablespoon or so of the spinach mixture on top of each half-shell oyster.

Place all stuffed oysters on a cookie sheet. Put the cookie sheet in the middle

rack of the oven. Carefully watch the oysters under the broiler, and let them cook for several minutes until the oyster edges curl and the top of the stuffing is

photo courtesy Fresh From Florida
golden brown and bubbly.

Serve oysters over a bed of ice cream salt with lemon wedges.*

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PETS OF THE WEEK

Lee County Domestic Animal Services

Domino And Ginger

Animal Services has had a run of black and white cats at the shelter lately. Domino is a 7-month-old male domestic shorthair and the perfect almost adult yet still a kitten age. He is very playful and would love to go home with one of his many feline friends at Animal Services. Domino's adoption fee is \$50. As always, cats and kittens are "adopt one, get one free."



Domino ID# 691637

Ginger is a 10-month-old female pit bull who has a gentle soul and is just beginning to come out of her shell. She is a bit unsure of her surroundings at the shelter. She longs to have a home of her own where her true personality can come out.



Ginger ID# 691441

She is very well-mannered for a dog her age. If you are looking for a younger dog to grow with your family, Ginger will be the perfect addition. Ginger's adoption fee is \$50.

Through March, you will receive \$25 off all adoption fees. Bring in a children's book to donate and receive an additional \$10 off.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

Haven on Earth Animal League

Gumdrop And Molly

Hi there... I'm Gumdrop. I am such a sweet little guy just waiting for someone to take me home. I like to purr nonstop. I'm only 3 months old and I have beautiful bright green eyes. Stop in the Petco at Gulf Coast Town Center to see me. I'm neutered and up-to-date on all vaccines. My adoption fee is \$125.



Gumdrop



Molly

Hello, my name is Molly. I am a very loveable, female tortoiseshell tabby with beautiful markings. I'm 4 years old and I have a very quiet disposition. I'm spayed and up-to-date on all vaccines. My adoption fee is \$100. I am currently residing at the PetSmart at Colonial Boulevard and Six Mile Cypress. Please come adopt me so I can have a home of my own.

To find out more about either adoptable cat, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, email havenonearthanimalleague@yahoo.com.*

PAWS Of Sanibel

Bowman

PAWS of Sanibel found this Papillon mix on Bowman's Beach Road on March 3. They have named him Bowman and believe he is a Papillon mix, weighing just under 7 pounds. Papillon is French for "butterfly," which their ears resemble. He is currently in a foster home and his foster mom says he is house trained and super sweet.



Bowman

If you have any information about who he belongs to or are interested in adopting, call Pam at PAWS of Sanibel at 472-4823.*

PAWS Of Sanibel

Peyton

This is Peyton. He was picked up on Sanibel Captiva Road near the Medical Clinic on February 20. He was wearing a collar with a heart shaped tag. PAWS of Sanibel has been calling the numbers listed on the tag, but without positive results. Also, the



Peyton

Sanibel Police Department has indicated that the person whose name appears on the tag is deceased. Through local veterinary records, this kitty was born on November 1, 1997. Observing him, and because of his age, PAWS has had some medical testing performed, and it appears he is in pretty good condition for his age. Peyton is very vocal (he talks a lot) and extremely sweet.

If you know anything about this sweet boy, contact Pam at PAWS of Sanibel by calling 472-4823.*

PAWS Of Sanibel

Hugo And Caramel

PAWS of Sanibel is trying to find a temporary foster for two dogs, beginning in April, while the owner continues to undergo cancer treatment, which is taking longer than anticipated and won't be finished until July. The dogs have been staying with friends since last fall, and the arrangement has been working great. However, they can only continue fostering them until next month.



Hugo and Caramel

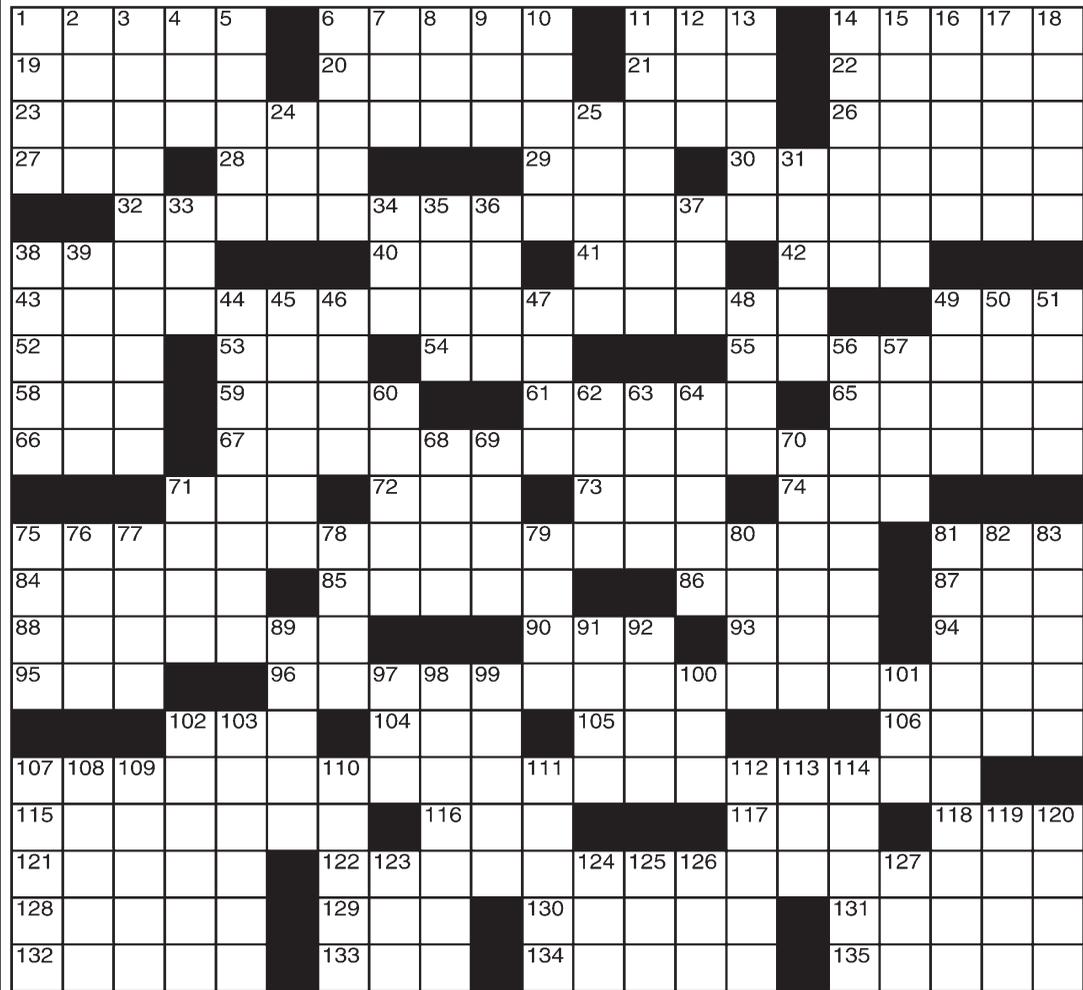
The dogs can be fostered together or separate. They are bonded but also resilient and we know that continued on page 39B

PUZZLES

Answers on page 37B

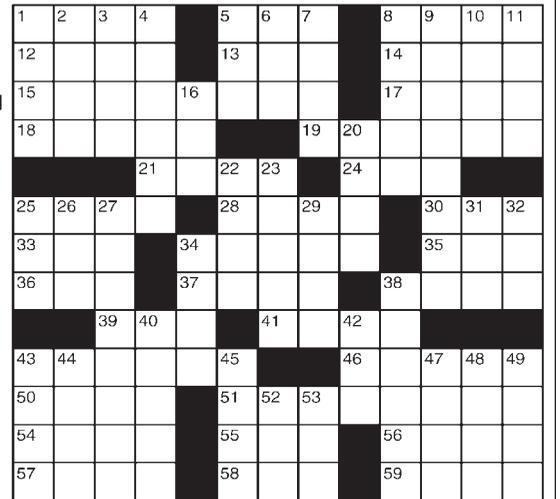
Super Crossword ADD CAMPAIGN

- ACROSS**
- 1 British Derby town
 - 6 — apso (terrier)
 - 11 Billy's bleat
 - 14 Time and —
 - 19 Name on a mower
 - 20 Greek letters
 - 21 Raised RRs
 - 22 Storybook elephant
 - 23 Cheer up the singer of "Galveston"?
 - 26 Cowboy rope
 - 27 "Aw, quit — bellyachin'!"
 - 28 Frozen cubes
 - 29 Puck, for one
 - 30 Lack of law
 - 32 Rice fields whose workers love a frothy pastry filling?
 - 38 With a very sharp image, for short
 - 40 Ipanema site, briefly
 - 41 Drink in many a 58-Across
 - 42 Corp. VIP
 - 43 Scottish boys testifying in court?
 - 49 Fr. woman with a halo
 - 52 "As I see it," to a texter
 - 53 "Science Guy" Bill
 - 54 Turkey Day tuber
 - 55 Artistic users of acid
 - 58 Pub barrel
 - 59 Farm fowls
 - 61 Food grinder
 - 65 "Zapped!" actor Willie
 - 66 GQ staffers
 - 67 Threw one's ordinary existence into confusion?
 - 71 Sky's color, in Salerno
 - 72 Luau guitar, for short
 - 73 Ocean filler
 - 74 Driver's 180
 - 75 Horse riders' activity in an Asian island country?
 - 81 Insult, hip-hop-style
 - 84 "— a Grecian Urn"
 - 85 Actor Davis
 - 86 Rebuke to Brutus
 - 87 Rhea's kin
 - 88 Bill or Hillary
 - 90 Suffix with joy or humor
 - 93 Slim fish
 - 94 Big primate
 - 95 Slugger Griffey
 - 96 Officer in charge of soft packing material?
 - 102 Tycoon Onassis
 - 104 Two, to José
 - 105 Take it on the — (escape)
 - 106 Woes
 - 107 NFL announcer John acting up?
 - 115 Typical
 - 116 Crude stuff
 - 117 Stud's place
 - 118 Pay a visit to
 - 121 Municipal
 - 122 Deliver a craze follower into custody?
 - 128 Up in the air
 - 129 Nero's "I love"
 - 130 Spirits in bottles
 - 131 — -car (Avis service)
 - 132 Hopes to get
 - 133 "Fresh Air" aier
 - 134 Artery-opening tube
 - 135 Letters of plurals
 - DOWN**
 - 1 All nerves
 - 2 Brazilian soccer hero
 - 3 Sniffers in rescue operations
 - 4 O'Hare airport code
 - 5 Army doc
 - 6 Tablecloths, e.g.
 - 7 Ad — committee
 - 8 "I'm — loss"
 - 9 Froot Loops toucan
 - 10 In line with
 - 11 Hybrid meat
 - 12 Completely
 - 13 Like — in the face
 - 14 Wear away
 - 15 Beehive, e.g.
 - 16 Ancient calculators
 - 17 Machine shop tool
 - 18 Gets ragged brand)
 - 24 Prefix with car or chic
 - 25 Make dim, as by tears
 - 31 Opposite of day, in Bonn
 - 33 Kooky
 - 34 Nation south of Braz.
 - 35 Super-small
 - 36 Opus finale
 - 37 Drop-line link
 - 38 "Looks great to me!"
 - 39 Called
 - 44 Aid for an asthmatic
 - 45 Looked at amorously
 - 46 Wire, e.g.
 - 47 Stone of film
 - 48 Word
 - 49 Interstate rig
 - 50 Not kosher
 - 51 Nero's "to be"
 - 56 Cruel Roman emperor
 - 57 Physically fit
 - 60 Aspersion
 - 62 Linear, for short
 - 63 Weigh down
 - 64 As — (usually)
 - 68 Squeezes (out)
 - 69 Arnaz of TV
 - 70 Her niece is Dorothy
 - 71 Weed — (lawn care brand)
 - 75 Foot coverer
 - 76 Be inactive
 - 77 "No, Hans"
 - 78 Charlie Chaplin's last wife
 - 79 Era after era
 - 80 Agenda part
 - 81 Envy and lust
 - 82 Urge to act
 - 83 Plaintiffs
 - 89 In arrears
 - 91 Wrinkly citrus fruit
 - 92 Flip through
 - 97 34th prez
 - 98 Show respect (to)
 - 99 "Because — so!" in an IM
 - 100 "Wow!," in an IM
 - 101 Not a one
 - 102 Going with the flow
 - 103 Strikes back, say
 - 107 Kind of parrot
 - 108 Teresa's city
 - 109 English county
 - 110 "Borstal Boy" author
 - 111 Many YouTube uploads
 - 112 Prove apt for
 - 113 Little battery
 - 114 Rapper with six Grammys
 - 119 Villa d'—
 - 120 Greek letters
 - 123 Rock blaster
 - 124 Pooch's doc
 - 125 Propyl ending
 - 126 — Tin Tin
 - 127 Arles article



King Crossword

- ACROSS**
- 1 Without help
 - 5 \$ dispenser
 - 8 MPs' quarry
 - 12 Speedy steed
 - 13 Meadow
 - 14 Toy block name
 - 15 Time rival
 - 17 Dregs
 - 18 Recipient
 - 19 Brings forth
 - 21 Feudal worker
 - 24 Hooter
 - 25 Isn't well
 - 28 Hebrew month
 - 30 Discoverer's cry
 - 33 To and —
 - 34 Visit habitual-ly
 - 35 Zero
 - 36 Coffee break hour
 - 37 Leave out
 - 38 On in years
 - 39 Martini ingredient
 - 41 Banish to Hades
 - 43 Cultural, as some cuisines
 - 46 Pass along
 - 50 False god
 - 51 Thin, as a fracture
 - 54 Soft cheese
 - 55 Kind
 - 10 Curved mold- ing
 - 11 Privation
 - 16 Teeny
 - 20 Electrical measure
 - 22 Paper quan- tity
 - 23 Liquid
 - 25 Toward the stern
 - 26 Anger
 - 27 Classical music lover
 - 29 "Do — others ..."
 - 31 Hasten
 - 32 Ancient
 - 34 "— soit qui mal y pense"
 - 38 Aviatrix Earhart
 - 40 Bay, for one
 - 42 Bobby of hockey
 - 43 Recedes
 - 44 Poi base
 - 45 Item in a pot, maybe
 - 47 MGM mascot
 - 48 Con
 - 49 Nays' undoes
 - 52 Muhammad or Laila
 - 53 Eisenhower
- DOWN**
- 1 Beach matter
 - 2 Twistable
 - 3 Tennis venue, maybe
 - 4 Preoccupy
 - 5 Hearty brew
 - 6 Ball prop
 - 7 Create
 - 8 Let
 - 9 From Sunday through Saturday



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M N K H E B Y W T G T R O L J
 G E B Y (C E R E M O N Y) W U R
 P N K I G N D B U Z X I V S Q
 O M K I G A L R O E C A R Y W
 U S Q P N P N A L Y I J H F E
 C A T Y M A K U U C H I X V U
 S Q P L M J N M Z T S O K J H
 F E C E A B Z Y X O I B D B V
 O T N I H S T U O B K R U E U
 T T O O F E R A B R I O Q L P
 S N O I T I D A R T R O Y T C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|----------|----------|---------|-------------|
| Barefoot | Clubs | Rikishi | Tournaments |
| Belt | Dohyo | Ritual | Traditions |
| Bouts | Japan | Salt | Yokozuna |
| Ceremony | Makuuchi | Shinto | |



"Let's talk _____."

answer on page 35B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Avoid REGION

Lean NUGAT

Appeal LEAP

Tarnish LIPOS

TODAY'S WORD

		6	9				8	
3	7			1		2		
5					6			9
		4		8			3	6
	6		1			5		
2					7			4
		2		6		7		
1				4	5			8
	5		3					2

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 37B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Light is missing. 2. Dish is missing. 3. Fence is different. 4. Blouse is different. 5. Cat's tail is moved. 6. Carved heart is missing.

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FOR WEEK OF MARCH 20, 2017

ARIES (March 21 to April 19) This is a good time to reassess important relationships, both personal and professional, to see where problems might exist and how they can be overcome. Keep communication lines open.

TAURUS (April 20 to May 20) It's not easy to bring order to a chaotic situation, whether it's in the workplace or at home. But if anyone can do it, you can. A pleasant surprise awaits you by week's end.

GEMINI (May 21 to June 20) Be careful that you don't make an upcoming decision solely on the word of those who might have their own reasons for wanting you to act as they suggest. Check things out for yourself.

CANCER (June 21 to July 22) A personal relationship that seems to be going nowhere could be restarted once you know why it stalled. An honest discussion could result in some surprising revelations.

LEO (July 23 to August 22) That unexpected attack of self-doubt could be a way of warning yourself to go slow before

making a career-changing decision. Take more time to do a closer study of the facts.

VIRGO (August 23 to September 22) A workplace problem needs your attention, now, before it deteriorates to a point beyond repair. A trusted third party could be helpful in closing the gaps that have opened.

LIBRA (September 23 to October 22) A recent family situation could give rise to a new problem. Keep an open mind and avoid making judgments about anyone's motives until all the facts are in.

SCORPIO (October 23 to November 21) Rely on your always-sharp intuition to alert you to potential problems with someone's attempt to explain away the circumstances behind a puzzling incident.

SAGITTARIUS (November 22 to December 21) Although you still need to do some snipping of those lingering loose ends from a past project, you can begin moving on to something else.

CAPRICORN (December 22 to January 19) With your self-confidence levels rising, you should feel quite comfortable with agreeing to take on a possibly troublesome, but potentially well-rewarded, situation.

AQUARIUS (January 20 to February 18) Travel is favored, both for business

and for fun. The end of the week brings news about an upcoming project that could lead toward that promised career change.

PISCES (February 19 to March 20) You might feel suddenly overwhelmed by a flood of responsibilities. But if you deal with each one in its turn, you'll soon be able to hold your head above water and move on.

BORN THIS WEEK: You have a wonderful way of offering comfort as well as guidance. You would do well in the healing arts.

THIS WEEK IN HISTORY

• On March 23, 1839, the initials "O.K." are first published, in The Boston Morning Post. Meant as an abbreviation for "oll korrekt," a popular slang misspelling of "all correct," its popularity exploded when it was picked up by politicians.

• On March 21, 1871, journalist Henry Morton Stanley begins his search through Africa for missing British explorer Dr. David Livingstone, who had been gone for six years. Reaching Lake Tanganyika, Stanley spotted a white man in the crowd and famously asked, "Dr. Livingstone, I presume?"

STRANGE BUT TRUE

• As St. Patrick's Day approaches, you might want to remember that the color originally associated with the Apostle of Ireland was blue, not green.

THOUGHT FOR THE DAY

"The radical novelty of modern science lies precisely in the rejection of the belief ... that the forces which move the stars and atoms are contingent upon the preferences of the human heart." -- Walter Lippmann

SCRAMBLERS

solution

1. Ignore; 2. Gaunt;
3. Plea; 4. Spoil

Today's Word
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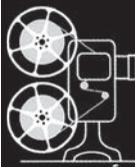
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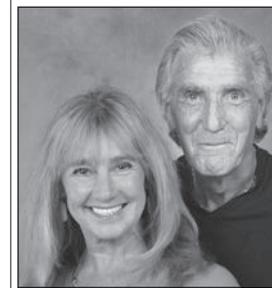


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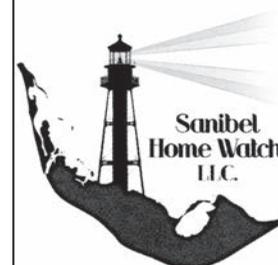
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G	L	A	D	D	E	N	C	A	M	P	B	E	L	L	R	I	A	T	A			
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K	E	G		H	E	N	S			M	O	L	A	R		A	A	M	E	S		
E	D	S		A	D	D	L	E	D	A	N	O	R	M	A	L	L	I	F	E		
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S	I	N	G	A	P	O	R	E	S	A	D	D	L	I	N	G			D	I	S	
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A	L	O	F	T		A	M	O		G	E	N	I		R	E	N	T	A			
W	A	N	T	S		N	P	R		S	T	E	N	T		E	S	S	E			

KING CROSSWORD

S	O	L	O		A	T	M		A	W	O	L										
A	R	A	B		L	E	A		L	E	G	O										
N	E	W	S		W	E	E	K		L	E	E	S									
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S	O	R	T		P	I	E		A	N	I	S										

MAGIC MAZE

SUMO WRESTLING

SUDOKU

4	2	6	9	5	3	1	8	7
3	7	9	4	1	8	2	6	5
5	8	1	7	2	6	3	4	9
7	1	4	5	8	2	9	3	6
8	6	3	1	9	4	5	7	2
2	9	5	6	3	7	8	1	4
9	4	2	8	6	1	7	5	3
1	3	7	2	4	5	6	9	8
6	5	8	3	7	9	4	2	1

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Juried Student Art Exhibition

The Art Galleries of Florida Gulf Coast University (FGCU) present the 19th annual Juried Student Art Exhibition will be held on Thursday, March 23. Sponsored in part by U. Tobe, FineMark National Bank & Trust, Thomas Riley Studio, the Smith Family Foundation of Estero, The Beaches of Fort Myers and Sanibel, and the Stage of Florida, Department of State, Division of Cultural Affairs and the Florida Council on Arts and Culture, the exhibit opens at 5 p.m. with an opening reception featuring live music by Balinese Gamelan Orchestra, plus an awards ceremony beginning at 6 p.m. at the Arts Complex. The exhibit runs through Thursday, April 6.

The exhibit features artwork by FGCU students selected by jurors Chad Jensen, creative director of Thomas Riley Studios; Gisela Carbonell, director of Curatorial Affairs at Artis-Naples, The Baker Museum; and Andy Brown, program manager for the United Arts

Council, from more than 300 submissions. Students of all levels were invited to participate.

Scholarships and cash awards will be presented to students at the opening reception. The awards are the Carl Schwartz Award for Artistic Endeavor, Rauschenberg Studio Tour Awards, Southwest Florida Fine Craft Guild Awards of Excellence, the Frame-It of Bonita Springs Awards, the Sanibel-Captiva Rotary Club Award, FineMark Scholarship Award, Thomas Riley Studio Scholarship Award, and the College of Arts and Sciences Dean's Scholarship Award.

The Art Gallery is located inside the Arts Complex on FGCU's main campus. The university is located off Ben Hill Griffin Parkway, east of I-75 between exits 123 and 128. Parking is available in Lot 7 for gallery visitors; parking passes are available at the parking information booth located at the University's entrance. Following the opening day, the gallery will be open Monday through Friday from 10 a.m. to 4 p.m. and on Thursday until 8 p.m.

For images and further information on this exhibition and others, visit the Art Gallery's website at www.artgallery.fgcu.edu or contact Anica Sturdivant at 590-7199 or asturdiv@fgcu.edu.

From page 32B

Hugo And Caramel

two big dogs can be a lot for anyone. The family is staying with relatives on Sanibel, however, they're in a condo that doesn't allow pets. They would love to be able to visit with the dogs and would like to be able to walk them. They would provide all food, etc.

The two dogs are named Hugo and Caramel, short for Carmelita. Both dogs are around 3 years old. Hugo is a vivacious black labrador with a little mastiff mix and much like big teenager. He knows basic commands. He does great with dogs, so-so with cats, and he would do well with an experienced dog owner. He is a large, healthy dog.

Caramel is medium-sized Chow and Terrier mix, is a real good listener and pretty good at keeping Hugo in line. Caramel is a very obedient and attentive dog. They both are kennel trained and sleep together in the same large kennel.

They also go to the kennel for rest and time out as their spot. They eat two scoops each of the same food, mornings and evenings. Food, bowls, kennel and supplies will be provided.

If you can help in any way, or foster one or both of these sweet dogs, call Pam at PAWS of Sanibel at 472-4823.

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Diner's Delight Coupon Books

Every year at this time, there's a rush to get the new Diner's Delight Coupon Books when they are released. The Sanibel-Captiva Kiwanis Club began selling the books on March 7, so the next few weeks will be prime time for getting your hands on one before they sell out.

The popular coupon book is available for a \$35 contribution, and contains 2-for-1 coupons good at 28 participating Island restaurants, a potential savings of more than \$500. Coupons can be used starting on May 1 and are good through mid-December.

Books can be obtained from Kiwanis Club members and will also be on sale at Bank of the Islands, Sanibel Captiva Community Bank and Big Red Q Printing while they last.

The long-running Diner's Delight program, together with the club's annual Spaghetti Dinner, raises funds which the Sanibel-Captiva Kiwanis Club Foundation uses to support education and recreation programs for island youth.

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Gulf Shores	Sanibel	1971	2,827	\$4,495,000	\$4,000,000	287
Tichenors FH Silver King	Captiva	2000	4,669	\$3,950,000	\$3,500,000	0
Creekside	Bonita Springs	2000	6,375	\$1,949,000	\$1,660,000	227
Kinzie Island	Sanibel	1989	3,318	\$1,595,000	\$1,510,000	256
Beachview Country Club Estates	Sanibel	2001	2,908	\$1,149,000	\$1,150,000	32
Rose Garden	Cape Coral	2012	2,765	\$1,100,000	\$1,070,000	91
Cape Coral	Cape Coral	2016	2,832	\$989,678	\$967,786	1
Beachview Country Club Estates	Sanibel	1993	2,730	\$929,000	\$900,000	46
Arezzo	Bonita Springs	2005	3,517	\$875,000	\$860,000	3
Venetian Gardens	Fort Myers Beach	1990	1,440	\$825,000	\$825,000	70

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